

C63D.5
C293

December 20

Carolina country

Home for the Holidays

Find a way to celebrate on page 32

Published by  **NC Electric Cooperatives**



#4412 2296 4300 0002#
N CAROLINA COLLECTION
WILSON LIBRARY
CB 3990 UNC-CH
CHAPEL HILL NC 27599-0001

1 79

Your Touchstone Energy Cooperative logo

PERIODICAL

**Miracle on
Lake Hickory**
page 10

**Co-ops prepare for
international work**
page 8

Wow your holiday crowds with this month's recipes—page 34

Own the "Gem of the Century"



Incredibly rare find is now available to the public for **ONLY \$59!**

For centuries, the "Big Four"—diamonds, rubies, emeralds and sapphires—ruled the gem world. When tanzanite debuted in 1967, it was a sensation. Unlike those other stones, which are mined all over the world, tanzanite can be found in only one place on Earth: in the remote Merelani Hills in the shadow of Mt. Kilimanjaro in Tanzania, Africa.

HUGE SAVINGS
TAKE 85% OFF THE
KARATU TANZANITE RING
WHEN YOU USE YOUR OFFER CODE

Gem of the century meets deal of the century. With its remarkable rarity and unique gemstone qualities, it's no wonder that experts have dubbed it, "the gemstone of the 20th century." In recent years, top-quality tanzanite gems have fetched higher prices at auction than rubies, emeralds or diamonds! But because we buy direct and use our own designers, we are able to offer you this rare beauty for **ONLY \$59!**

What makes tanzanite so irresistible to jewelers and gem experts? Part of its appeal is the beautiful violet blue color. Tanzanite is also trichroic—which means that three different colors are visible when the stone is viewed from different angles.

"This ring is unbelievable. I've owned some spectacular high-dollar gemstones in my life and this ring will compete with any of them!" —Katharine, Shreveport, LA

Henry Platt, past president and chairman of Tiffany & Company, called Tanzanite "The most important gemstone discovery in over 2,000 years."

A gemstone found only one place on earth, means supply is extremely limited. Get your hands on the *Karatu Tanzanite Ring* before they're gone!

Your satisfaction is 100% guaranteed. Experience the rare beauty of the *Karatu Tanzanite Ring* for two months. If you're not completely awestruck, simply send it back within 30 days for a complete refund of the sale price. We want you to feel like you got the deal of the century!

With over 4,000 sold, we currently have less than 2,000 in stock!

Karatu Tanzanite Ring ~~\$399~~*

Offer Code Price Only **\$59** + S&P **Save \$340!**

You must use the insider offer code to get our special price.

1-800-333-2045

Your Offer Code: KTR404-02

Please use this code when you order to receive your discount.

Stauer®



14101 Southcross Drive W., Ste 155,
Dept. KTR404-02, Burnsville, Minnesota
55337 www.stauer.com

* Special price only for customers using the offer code versus the price on Stauer.com without your offer code.

1 1/5 carats of genuine tanzanite • Lab-created white DiamondAura accents • .925 sterling silver setting • Whole ring sizes 5-10

Smart Luxuries—Surprising Prices™



Historical Association of Catawba County

10



Battery Island Committee, Cape Fear Garden Club

14



34

Favorites

- 4 Viewpoints
- 8 More Power
- 22 On the House
- 26 NC Outdoors
- 28 Where is This?
- 28 Photo of the Month
- 31 Classifieds
- 32 Carolina Compass
- 34 Carolina Kitchen

On the Cover

Moravian stars, a traditional European Christmas decoration, hang in the Old Salem Pedestrian Bridge in Winston-Salem. The bridge is near the site of North Carolina's first Moravian community, preserved through a restored historic district and living museum. Find holiday events in Old Salem and across the state in our Carolina Compass, pages 32–33. Photo by Chip Henderson, VisitNC.com.

6

An Open Door for Hurricane Victims

Pembroke Hardware stepped up to serve a community in need.

10

Miracle on Lake Hickory

A community's effort was one of many that helped stem polio in North Carolina.

14

Plucky's Tale of Hope

A lucky pelican is inspiring conservation in younger generations.

24

The Perfect Gift

And other things you remember.



CALL FOR SUBMISSIONS:

Carolina Christmas Lights

Share your holiday lights extravaganza on Instagram for a chance to win a Carolina Country prize pack. See page 31 for details.

Finding Inspiration on the NC Youth Tour

By Savannah Putnam



I will never forget the day I found out I had been selected to participate in the NC Electric Cooperative Youth Tour.

I came home from my high school basketball practice to find balloons from my parents and a congratulations letter from Rutherford EMC. I was so excited; I had learned so much just from the process of applying. My dad and I had carefully completed the home energy management survey that was part of the application. I checked doors, types of light bulbs—even crawled under the house and climbed into the attic to examine how efficient our home was.

The night before we were to go to Washington, D.C., a dinner was held in Raleigh for parents and attendees. I arrived early and nervously to the dinner. I had elected to give a speech in an attempt to win a scholarship and a spot on the Youth Leadership Council. Once again, I gained knowledge as I researched electric cooperatives. I never knew cooperatives were not-for-profit, or that there were so many advantages to being a part of one. Nor did I know that this speech would fuel a passion for public speaking or that the skills I learned preparing for it would aid me in my future. I didn't win, but I did earn runner-up and was chosen for another leadership spot.

Soon it was time for our group to say goodbye to our parents, and our six-hour bus ride began the next morning with funny introductions and with our youth tour leaders (who were honestly the absolute best) telling us all about the

week's itinerary. I actually sat on the bus across from two people who would soon become my peers at the University of North Carolina at Chapel Hill. We still see each other regularly, and I would never have known them save for this experience. It was so nice to begin my university experience with two people I already knew! In the same way, I still keep in touch with many of the other friends I made on this trip. Even today, more than four years later, we comment on each other's Instagram and Facebook posts.

Washington, D.C., was a whirlwind! We visited our congressional members; we spent time at the Smithsonian; we toured the monuments. The most moving event was being one of four who had the honor of laying a wreath at the Tomb of the Unknown Soldier.

However, my favorite part of the trip was on the other side of town. I still tell friends who visit DC to go to the Newseum. I remember looking at rubble from the Twin Towers and reading personal accounts from the September 11 terrorist attack while silently thanking the public servants, firefighters, police officers and first responders who were such heroes. It was at the Newseum that I saw actual pieces from the Berlin Wall and headlines from historic Supreme Court judgments. It reinforced my love of history and political science. Everything about this experience impacted me.

It was here that I realized being a public servant isn't about glory. I saw that it was about selflessly serving those in need. It sparked a passion in me to help others. While at UNC, I have continued my love of service as a Buckley Public Service Scholar, a legal aid intern, and now, as student body president.

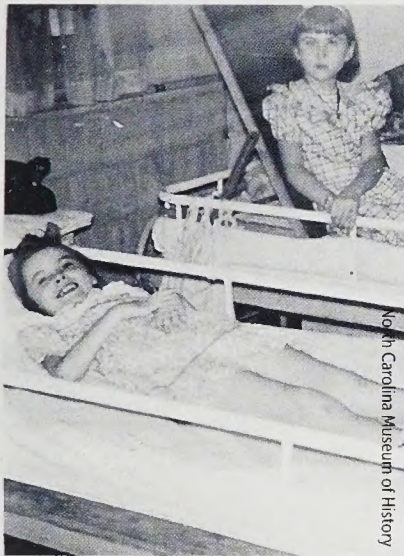
I was just a kid from rural North Carolina, and I was presented with an opportunity that ultimately shaped my direction in life. I am forever thankful for the experience, the friends, and the leadership skills I gained on the trip. **C**

Savannah Putnam grew up in Morganton and currently serves as student body president at UNC Chapel Hill. She is majoring in Political Science and Interpersonal Communications with a minor in History.



Savannah (holding wreath) participated in a wreath-laying ceremony at the Tomb of the Unknown Soldier during the 2014 Youth Tour.

Application deadlines for the 2019 NC Youth Tour are quickly approaching! Contact your local electric cooperative for more information.



THIS MONTH'S ISSUE:

A Time for Reflection

This time of year, airings of 1940s classics like "It's a Wonderful Life" and "Miracle on 34th Street" are plentiful. We're revisiting a 1940s miracle of our own in this issue—the "Miracle of Hickory," where a community banded together to fight back against a frightening polio epidemic. You'll also find nods to the season throughout the issue, including holiday events and recipes. Happy holidays from all of us at Carolina Country and North Carolina's Electric Cooperatives!

—Scott Gates, editor

**Wreaths Across America**

On December 15, Wreaths Across America will hold its annual National Wreath Laying Day. As a reminder, this is the event where wreaths are placed on the graves of our veterans. Last year, more than 1,400 cemeteries across the United States participated and more than 1.5 million wreaths were laid. These numbers will most certainly increase this year.

For more information regarding this program, please visit the website wreathsassamerica.org.

This photo is from last year's event at Greenhill Cemetery in Waynesville.

Lonnie Pizza, U.S. Navy Retired and local Wreaths Across America coordinator

Heaven on Earth

In response to "So You Want to Host a Pig Pick'n?" (November 2018, page 10): Cool weather, good friends, white loaf bread, sweet tea, cold beer, BBQ pork/chicken, slaw, potato salad is down-to-earth heaven for Southerners!!!

Ruth, submitted via carolinacountry.com

Touching Memory

I cannot tell you the joy that my father had when he read the story about him in your November issue ("Nature Mirrors Life," page 24). Of course, I expected the best from REA electrical (Rutherford EMC) because we get the best service from REA electrical. I loved the way you put in about the passing of my mother. Again, thank you for making my dad HAPPY.

Mike Crain, Rutherfordton, a member of Rutherford EMC

**Contact us**

Phone: 919-875-3091

Fax: 919-878-3970

Mail: 3400 Sumner Blvd.
Raleigh, NC 27616

Web: carolinacountry.com

Email: editor@carolinacountry.com

**Experiencing a power outage?**

Please contact your electric co-op directly to ensure prompt service. Visit carolinacountry.com/co-ops to find yours online.

Carolina country

(ISSN 0008-6746) (USPS 832800)

Read monthly in more than 700,000 homes

Published monthly by

NC Electric Cooperatives

3400 Sumner Blvd., Raleigh, NC 27616

919-875-3091

carolinacountry.com

Warren Kessler
Publications Director

Scott Gates, CCC
Editor

Renee C. Gannon, CCC
Senior Associate Editor

Karen Olson House
Contributing Editor

Tara Verna
Creative Director

Erin Binkley
Graphic Designer

Jenny Lloyd
Publications Business Specialist

Tom Siebrasse
Advertising
919-645-2420
tom@carolinacountry.com

Joseph P. Brannan
Executive Vice President & CEO

Nelle Hotchkiss
Senior Vice President & COO

North Carolina's electric cooperatives provide reliable, safe and affordable electric service to 1 million homes and businesses. The 26 electric cooperatives are each member-owned, not-for-profit and overseen by a board of directors elected by the membership.

Why Do We Send You Carolina Country Magazine?

Your cooperative sends you Carolina Country as a convenient, economical way to share with its members information about services, director elections, meetings and management decisions. The magazine also carries legal notices that otherwise would be published in other media at greater cost.

Your co-op's board of directors authorizes a subscription to Carolina Country on behalf of the membership at a cost of less than \$5 per year.

Has your address changed?

Carolina Country magazine is available monthly to members of North Carolina's electric cooperatives. If you are a member of one of these cooperatives but do not receive Carolina Country, you may request a subscription by calling Member Services at the office of your cooperative. If your address has changed, please inform your cooperative.

Subscriptions: Individual subscriptions, \$12 per year. \$20 outside U.S.A. Schools, libraries, \$6.

Carolina Country is available on digital cartridge as a courtesy of volunteer services at the N.C. Department of Cultural Resources, Library for the Blind and Physically Handicapped, Raleigh, N.C. 888-388-2460.

Advertising published in Carolina Country is accepted on the premise that the merchandise and services offered are accurately described and willingly sold to customers at the advertised price. The magazine, North Carolina Association of Electric Cooperatives, Inc., and the member cooperatives do not necessarily endorse the products or services advertised. Advertising that does not conform to these standards or that is deceptive or misleading is never knowingly accepted. Should you encounter advertising that does not comply with these standards, please inform Carolina Country at P.O. Box 27306, Raleigh, NC 27611. 919-875-3091.



Carolina Country magazine is a member of American MainStreet Publications that collectively reach more than 27 million readers every month.



MPA THE ASSOCIATION OF MAGAZINE MEDIA

Periodicals postage paid at Raleigh, N.C., and additional mailing offices. Editorial offices: 3400 Sumner Blvd., Raleigh, N.C. 27616. Carolina Country® is a registered trademark of the North Carolina Association of Electric Cooperatives, Inc.

POSTMASTER: Send all UAA to CFS. (See DMM 707.4.12.5). **NON-POSTAL AND MILITARY FACILITIES:** send address corrections to Carolina Country, P.O. Box 27306, Raleigh, NC 27611.

All content © Carolina Country unless otherwise indicated.



An Open Door for Hurricane Victims

Pembroke Hardware went above and beyond to supply a community in need

By Gordon Byrd

Pembroke Hardware, a business powered by Red Springs-based Lumbee River EMC, stayed open throughout the height of Hurricane Florence to continue serving customers.

"That was Daddy's way," says General Manager Lindsey Locklear of his father, Curt Locklear. Despite the storm, Lindsey and his siblings kept regular business hours all through the disaster. "In Hurricanes Matthew and Florence, we had no power or phone lines so we just wrote down purchases on credit, like the old days."

"Curt's," the eponymous local name for the Pembroke True Value store, is a fixture among the community as much as collard sandwiches and grape ice cream.

"Curt's legacy is in service to the community and credit, credit, credit," a local patron recalls. "Credit was king when Curt started, and he stood up most the drywallers on credit."

Credit relies on a strong community and a good memory. Pembroke Hardware has both.

Curt Locklear was a veteran from World War II. That is where Curt met Colonel Earl Lowry, MD. General Eisenhower's personal physician, Dr. Lowry was walking the rooms of a Paris hospital when he saw a patient named "Locklear." Knowing he would find a Robeson native, he walked into the life of Private Curt Locklear. Curt had entered the hospital after a motorcycle accident. Dr. Lowry never let Curt live it down. To remember his friend, Curt kept a model of the very motorcycle on his desk in the store. It is there to this day.

Maintaining close ties does not only extend to Curt's army friends. "Even if a customer calls at night, we will

get the doors open. We've done it for years," Lindsey recalls.

The store is typically closed Sundays, and the store's employees were hit hard by mid-September's Hurricane Florence. But the storm created a dire need for water, generators, gas tanks and the countless other items that become vital amidst power outages and flood waters.

"No matter what the weather is doing, it is about what the customers need. That's the way Daddy operated," Lindsey explains. "Staff couldn't make it, so we called in all the family and friends on Saturday."

The Locklear family was sheltering four displaced families in their home. When the floods kept some staff at home, Lindsey recruited his refugees to stock shelves and serve customers. When employees returned, Lindsey shifted his efforts to coordinating distribution of donated supplies for the Red Cross and local church ministries.

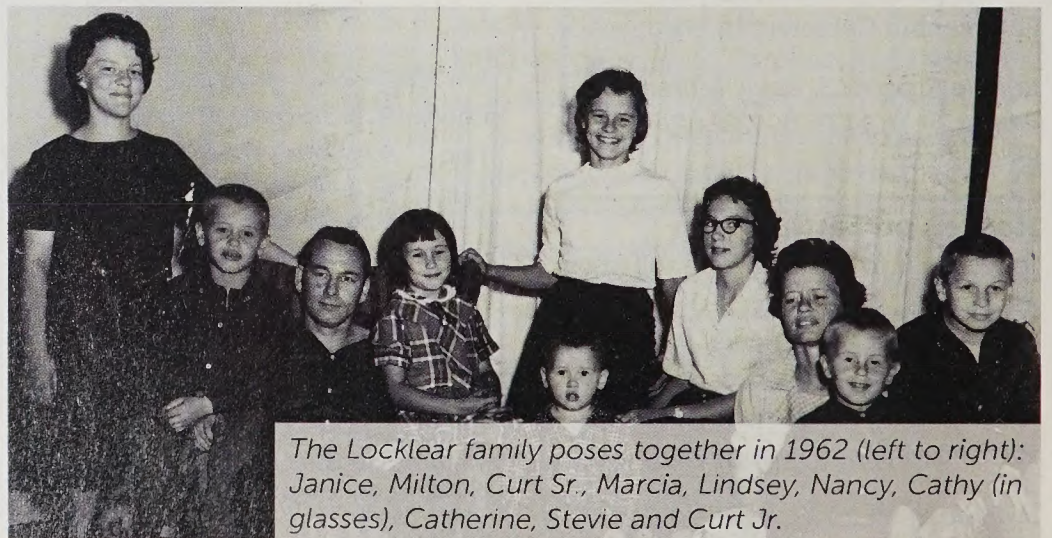
"All our life we opened up for one customer in need," Lindsey says. "Now we've delivered to [those] trapped in their homes."

As the Pembroke community pulls out of its second flood within two years, Curt's legacy of serving the community continues to build a stronger, more resilient Robeson county. **C**

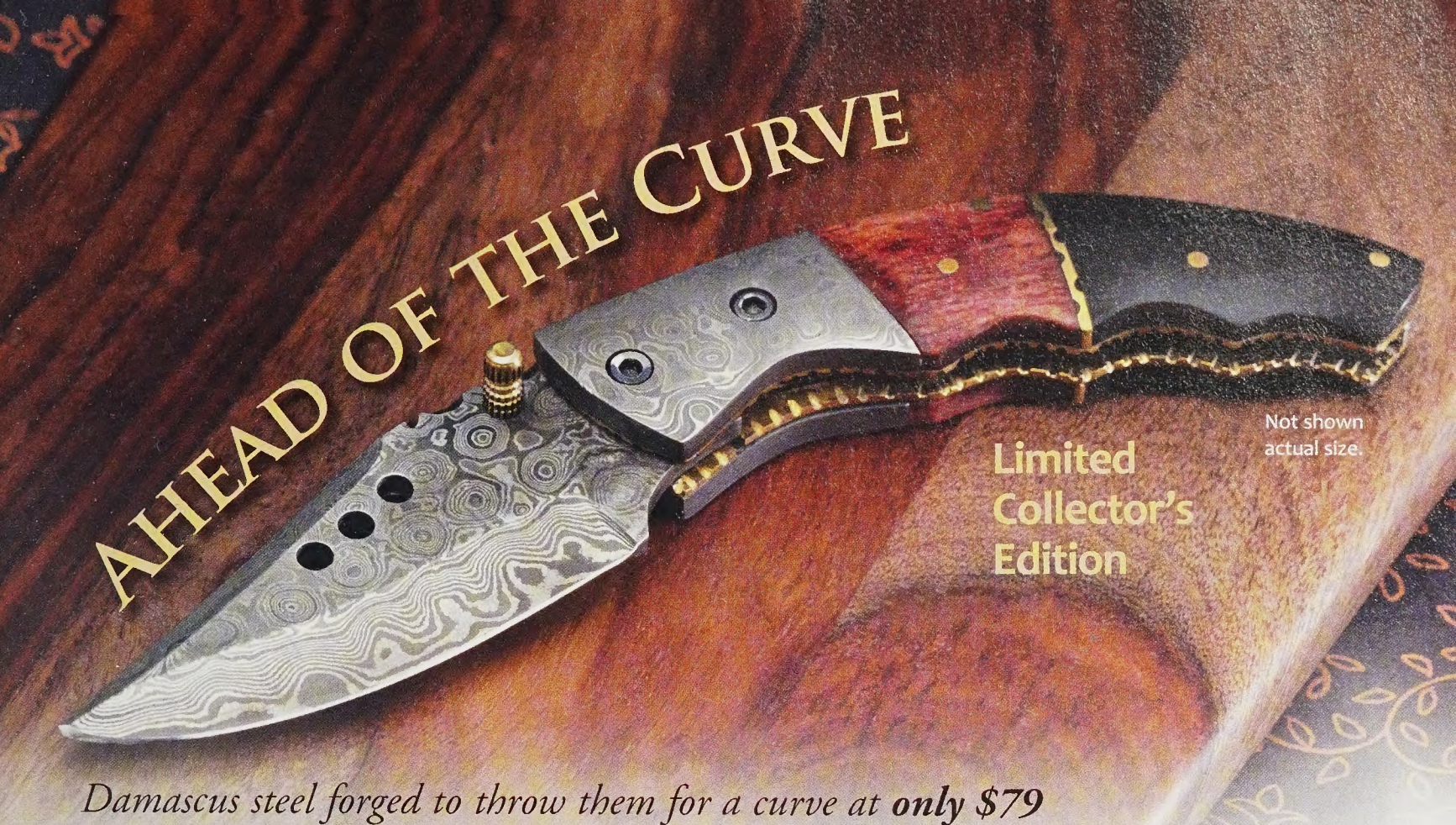
Gordon Byrd is a Carolina Country contributing editor and a veteran who works for UNC Pembroke.



Sought-after supplies, including bottled water, generators and gas cans, stacked and ready for locals recovering from Hurricane Florence



The Locklear family poses together in 1962 (left to right): Janice, Milton, Curt Sr., Marcia, Lindsey, Nancy, Cathy (in glasses), Catherine, Stevie and Curt Jr.



AHEAD OF THE CURVE

Limited
Collector's
Edition

Not shown
actual size.

Damascus steel forged to throw them for a curve at only \$79

For centuries, a Damascus steel blade was instantly recognizable and commanded immediate respect. Recognizable because the unique and mysterious smelting process left a one-of-a-kind, rippled texture on the steel, and respected because Damascus steel's sharp edge and resistance to shattering were the stuff of legend. If you carried Damascus steel, you were ahead of the curve.

Today, you can own the legend.

The *Damascus Curva Knife* celebrates those legendary blades. It uses modern Damascus steel, with the same rippled texture pattern on the blade, to create a curved folding knife that's 7 1/2" in total length. With a liner lock mechanism, which allows the knife to be opened and closed using just one hand, and a ergonomic handle made of buffalo horn and colored bone, this \$79 knife is a trophy for any hunter or collector.

Your satisfaction is 100% guaranteed. Feel the knife in your hands, wear it on your hip, inspect the impeccable craftsmanship of Damascus steel. If you don't feel like we cut you a fair deal, send it back within 30 days for a complete

"The most common aspects of Damascus steel knives that enthusiasts consider ideal are the aesthetics and high performance." — Knife Informer



BONUS! Call today and you'll also receive this genuine leather sheath!

What customers are saying about Stauer knives...



"Very hefty, well-built knife and sheath. Extremely good-looking and utilitarian."

— R., Lacey, Washington

refund of the item price. But we believe that once you hold the *Damascus Curva Knife*, you'll be ready to throw a curve of your own.

Limited Reserves. Damascus

steel blades are a lost art form that only a handful of artisan bladesmiths have mastered. These legendary blades take time to forge and only a few are crafted each month. Don't let this beauty slip through your fingers. Call today!

Damascus Curva Folding Knife ~~\$179~~*

Offer Code Price Only **\$79** + S&P **Save \$100**

1-800-333-2045

Your Insider Offer Code: CFK212-01

You must use the insider offer code to get our special price.

Stauer® 14101 Southcross Drive W., Ste 155,
Dept. CFK212-01
Burnsville, Minnesota 55337 www.stauer.com

*Discount is only for customers who use the offer code versus the listed original Stauer.com price.



Rating of A+



- Damascus steel blade & bolster • Buffalo horn & colored bone handle • Liner lock
- Overall length, open : 7 1/2" • Includes genuine leather sheath

Stauer... Afford the Extraordinary.®

NC Co-ops to Bring Electricity to Bolivian Village

Volunteer effort will improve quality of life in rural community

Story and photos by Lindsey Listrom

Volunteers from North Carolina's electric cooperatives will soon be heading to Bolivia to build power line infrastructure that will bring electricity—for the first time—to a rural Bolivian village. The Brighter World International Electrification Initiative is being coordinated through the NRECA International Foundation, the philanthropic arm of the National Rural Electric Cooperative Association (NRECA).


Electric cooperatives in North Carolina will send 13 volunteer linemen to electrify the village of Laphía, located in the state of Cochabamba in the mountains of central Bolivia. They will connect power lines and build infrastructure that will enable the village to receive power from the electric grid. Crews will string nearly five miles of power line, and all work will be done by hand as bucket trucks and digger trucks will not be available. More than 68 buildings will be connected, including a school, bringing new opportunities and advantages to the 120 people in the community.

"Electric cooperatives in North Carolina were founded to bring power to rural areas, and this project reinforces our commitment to supporting people and communities and improving quality of life," said Chris Spears, CEO of Dunn-based South River EMC, who visited the project site as part of a planning team. "I can only imagine how the lives of the people of Laphía will be transformed, just as rural America was 80 years ago when electric cooperatives were formed to light up the countryside."

Laphía is an agricultural community located at an elevation of 11,600 feet. Locals subsist primarily by growing potatoes and flowers. Most live in modest homes of adobe brick and thatch roofs, and none have access to food refrigeration or the ability to use electric devices for household chores or to aid in their economic growth.

More than one billion people live without electric power around the world, according to the International Energy Agency, and only 66 percent of rural Bolivians had access to electricity as of 2016.

Village leaders told cooperative representatives that the promise of electricity will create new economic and educational opportunities and a stronger community, as young people will be able to stay in the village, rather than moving to the city. Connection to the grid will also provide indoor lighting for the school building, as well as extended access to a small computer lab.

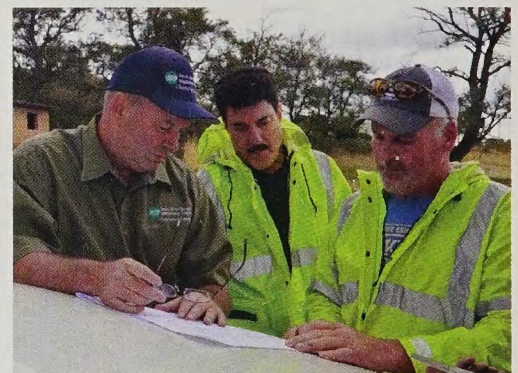
NRECA International works to design and implement successful, sustainable, scalable rural electrification programs that improve education, healthcare, safety and economic opportunity. The organization has brought electricity to more than 160 million people in 44 developing countries. 

Lindsey Listrom, CCC, is communications and media relations manager for North Carolina's Electric Cooperatives.

International volunteers

Seven cooperatives in North Carolina will send volunteer crews to Bolivia in the spring of 2019. Those co-ops are:

- Blue Ridge Energy, Lenoir
- Edgecombe-Martin County EMC, Tarboro
- Pee Dee Electric, Wadesboro
- Randolph EMC, Asheboro
- Roanoke Electric Cooperative, Aulander
- South River EMC, Dunn
- Surry-Yadkin EMC, Dobson



Above top: More than 68 buildings will be connected, including a school.

Above, bottom: From left to right, South River EMC Vice President of Engineering Chuck Richardson and CEO Chris Spears discuss a work plan with Blue Ridge Energy Line Crew Leader Eddie Stephens.



Tropical Storm Michael 'Packed a Punch' to NC Co-ops

Less than a month after Hurricane Florence hammered North Carolina, Tropical Storm Michael swept up from the Gulf Coast and caused damage in many areas of the state. North Carolina's electric cooperatives worked quickly to restore power in the wake of the storm, which made landfall in the Florida panhandle as a Category 4 hurricane on Wednesday, Oct. 10.

NC electric co-op power outages peaked at 117,000 on Thursday evening, concentrated in central North Carolina. The highest number of cooperative power outages were in Orange, Davidson, Randolph and Person counties.

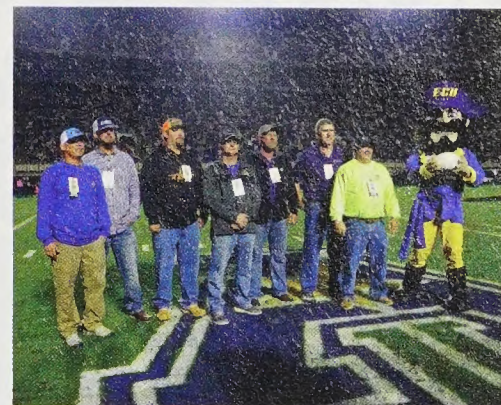
"Tropical Storm Michael really packed a punch for the short amount it took to roar through our area," said Randolph EMC Vice President of Engineering and Operations Dennis Mabe. Heavy rain and high winds toppled large trees, causing more than 70 broken poles across Randolph EMC's system.

Co-op crews from Ohio and Illinois co-ops joined local crews and those



sent from other parts of the state to bring power back on as quickly as possible. By Monday evening, less than 100 co-op members remained without power statewide.

NC co-ops also sent crews to Virginia and Florida to assist with restoration efforts there. Three Florida-based electric co-ops saw almost every meter on their systems taken down by Hurricane Michael as high winds and storm surges in excess of 13 feet washed ashore.



Hurricane Recovery Efforts Highlighted at ECU Game

The recovery efforts of co-op employees, members and communities in the wake of Hurricane Florence were highlighted at the East Carolina University versus University of Central Florida football game in Greenville on Saturday, Oct. 20.

Several linemen from hard-hit co-ops near ECU were recognized during an on-field ball presentation. In addition, a video shown during the game paid tribute to the strength, resilience and hard work of everyone impacted by Florence.

"While no one wants to go through a hurricane like this, it's inspiring to see everyone join together to rebuild and bring our communities back stronger than ever," said Tri-County EMC CEO Mike Davis. "We're proud that the electric cooperatives can be part of this effort and that we can continue to serve members and communities following this devastating storm."

—Lisa Crawley,
North Carolina's Electric Cooperatives

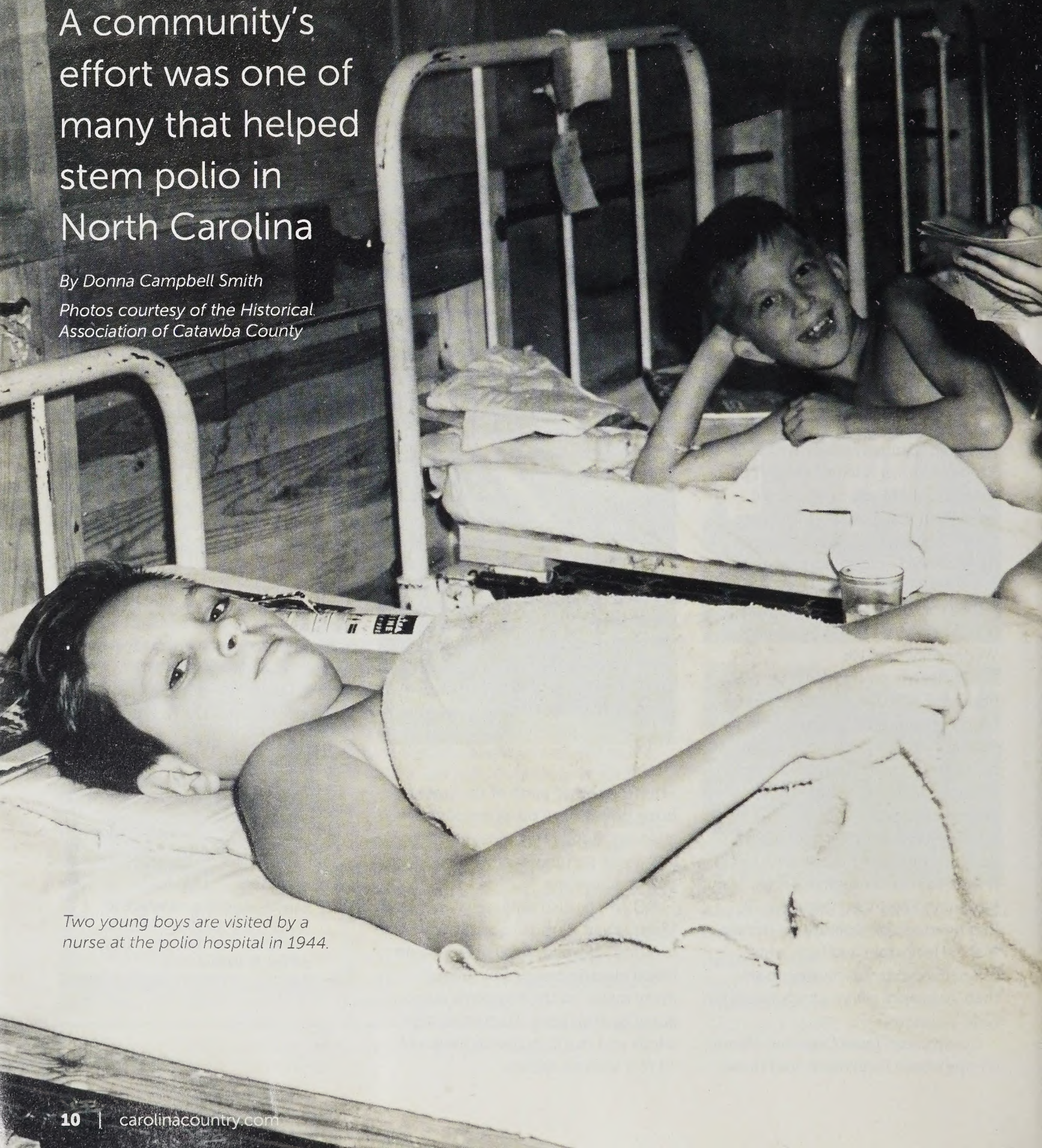
+ carolinacountry.com/extras
From the ECU scoreboard screen to your home: Watch the video played at the Oct. 20 football game.

MIRACLE ON LAKE HICKORY

A community's effort was one of many that helped stem polio in North Carolina

By Donna Campbell Smith

Photos courtesy of the Historical Association of Catawba County



Two young boys are visited by a nurse at the polio hospital in 1944.



The people of North Carolina are a strong and determined lot, who have shown, time and time again, that they are fighters. Perhaps those characteristics were never more apparent than during the polio epidemics of the 1930s, '40s and '50s.

The epidemics are still imprinted in the minds of many North Carolinians.

Some have grown up with family stories of relatives or neighbors who had polio. Sandra Lee Allen's father, Delbert Daniel Allen, had polio when he was 16 years old. Sandra remembers him talking about how the doctors said he would never walk again.

"The house they lived in had a porch railing on it," Sandra explains. "He said he used his crutches to get up on the railing, and was walking the railing one day when his Mother came out."

Delbert got a spanking for that trick, but one can imagine his mother's relief that he'd proven the doctors wrong.

Delbert went on to attend business school. Near the end of the Second World War he was drafted into the army—he was glad to serve, having been previously turned down due to his disabilities. After the war, he went to work as the county sanitarian for Washington and Tyrell counties. He also owned and operated Allen's Coin Operated Laundry.

Sandra remembers he always walked sort of with his shoulders thrown back. He trained his stomach muscles to take over for the paralyzed back muscles. He did not let polio hold him back from a productive life.

FEAR AND UNKNOWNNS

Polio spread throughout central North Carolina in 1935, making it one of the few states in the South to suffer the epidemic. In the 1940s, a second wave hit our state. This time

it began in the western counties and swept through to the east, striking fear into the hearts of everyone, especially parents of children, the primary victims. In 1944, there were 861 cases reported, according to the NC History Project. In 1948, the numbers rose to about 2,500 cases with 143 deaths.

Fear was compounded by initially not knowing how the virus was spread, nor how to effectively treat it. People who had to travel through towns known to have polio rolled up their car windows, afraid that somehow the germs would reach them from breathing the air as they drove through. The State Board of Health warned citizens to avoid sending youngsters to children's group activities such as playgrounds, swimming pools, summer camps, movie theaters, church and Sunday school. Flies and mosquitoes were suspected of carrying the disease, but researchers later found that the infectious virus was spread from person to person.

"Though I was pretty young, I remember the fear of polio," says Kathy Bundy of Raleigh. She never had polio, but recalls protective measures like avoiding public swimming pools. "I also remember being in a very long line out the door and down the hill when the polio vaccine became available and my family went to get it. Then we could go swimming again!"

Andy Allen was only about 18 months old when he contracted polio. Being so young, he can't remember ever seeing doctors other than those at the local clinic in Plymouth, his hometown.

"I have checked my old medical records from the clinic and cannot find any reference to ever being treated for polio by them," Andy says. "However, I must have seen a doctor at some point, because I remember my parents and others telling me I wore some type of arm brace for a while."

The polio he was infected with was concentrated in his upper left arm, between his elbow and shoulder.

"I feel very fortunate to have had only a very mild infection with the only obvious [lasting] effects of my polio being that my upper left arm is much smaller in diameter than that of my upper right arm," Andy says. "I have never thought, despite the fact that I contracted polio, it hindered me from pursuing anything I wanted to achieve."

People who didn't have symptoms could still pass the virus on to others. Polio was often hard to diagnose because symptoms varied widely. Most people with polio showed no symptoms at all, while about 25 percent had flu-like symptoms including headaches, fever and vomiting. A smaller percent who contracted the disease became paralyzed.

SEEKING TREATMENT

During the 1940s outbreak, the closest treatment center for those in western counties was at Charlotte



The toddlers of Ward 8 receive both their first sun bath, and a glimpse of their visitors, on the deck of the newly completed ward.



Evelyn Wannamaker, supervisor of the Bulbar Ward, and Dr. Harley E. Henry, Hickory surgeon, look over the chart of 26-year-old iron lung patient Boyce Rash of North Wilkeboro. Despite all efforts, he died on September 21, 1944, one of 12 deaths recorded at the hospital. It was only after his death it was learned he had transverse myelitis—another form of paralysis, not polio.

Memorial Hospital, which had a polio ward. It quickly filled. This led to what is today called the "Miracle of Hickory." In just three days' time, the citizens of Hickory came together to build and staff an emergency hospital for treating polio victims. They expanded a building on 62 acres called Lake Hickory Health Camp, a lake-side fresh air camp for underprivileged children. The campers were sent home, and the people of Hickory went to work on building a polio center. That was on Thursday.

Just three days later, on Saturday, June 24, 1944, the Hickory Emergency Infantile Paralysis Hospital opened and admitted its first 16 patients. The seemingly miraculous feat attracted national attention. Life Magazine covered it with a photo essay in their July 31, 1944 issue.

The hospital was built with local donations from the people of Hickory, who also provided the labor. The U.S. Army supplied tents and cots. Once the center was built, funding came primarily from the National Foundation for Infantile Paralysis, founded by Franklin Delano Roosevelt (himself a victim of polio). The foundation later became known as The March of Dimes.


The hospital operated for nine months, during which 663 people were evaluated, 528 were diagnosed with polio, and 454 were admitted and treated at the hospital, according to the Hickory Museum of Art. Patients came from 74 counties across North

Carolina, with a few from out of state. Of those patients, 55 were African American and one was American Indian. Only 12 died at the hospital—fewer than at any other treatment facility during that time period. When the facility closed in March, 87 patients were transported to a new treatment center at Charlotte Memorial Hospital.


PREVENTION AND ERADICATION

Jonas Salk invented the polio vaccine in 1955. Many parents who knew firsthand the seriousness of the disease were quick to protect their families with it—Delbert Allen made sure Sandra and her sister received it as soon as it was available.

In 1959, North Carolina ordered that all children in the state receive the vaccine, and in 1962 Albert Sabin introduced the oral vaccine, administered on a sugar cube.

Many baby boomers across the state will share stories of standing in line to receive their vaccine, which effectively ended polio in North Carolina and the rest of America. 

Donna Campbell Smith is a Carolina Country contributing writer who lives in Franklin County.

 carolinacountry.com/extras
Watch a moving video documenting hospital construction, the outpouring of community support, hydrotherapy and more.

Consumer Cellular®



SAVE \$20 ON
ANY NEW LINE!
NOVEMBER 15 THROUGH
DECEMBER 31, 2018



TALK, TEXT & DATA AS LOW AS \$20/MONTH

NATIONWIDE
COVERAGE



WE'VE GOT YOU COVERED

Connect on the nation's largest networks, with coverage to 99% of the U.S.



RANKED #1 BY J.D. POWER

"Highest in Customer Service among Non-Contract Value Wireless Providers, Five Times in a Row."



100% RISK-FREE GUARANTEE

Try us for 30 days with zero obligation. It's completely hassle-free!

OUR NEW PLANS INCLUDE MORE DATA! See all of our plans at ConsumerCellular.com

\$20
A MONTH

1 LINE INCLUDED
250 MINUTES TALK
UNLIMITED TEXT
250MB DATA

\$30
A MONTH

1 LINE INCLUDED
UNLIMITED TALK
UNLIMITED TEXT
2GB DATA

\$55
A MONTH

2 LINES INCLUDED
UNLIMITED TALK
UNLIMITED TEXT
5GB DATA



AARP MEMBERS RECEIVE A 5% DISCOUNT ON SERVICE AND USAGE EVERY MONTH.

CALL CONSUMER CELLULAR
(888) 583-2728

VISIT US ONLINE
ConsumerCellular.com/2728

AVAILABLE AT  TARGET

© 2018 Consumer Cellular, Inc. New service activation on approved credit. Cellular service is not available in all areas and is subject to system limitations. Terms and Conditions subject to change. A \$20 credit will be applied for new lines activated by December 31, 2018 that remain in service at the end of the billing period. The totals shown here are costs for monthly Consumer Cellular service only. They do not include any state or local taxes. If you're not completely satisfied within 30 days (data use is limited to 500MB) of activation of your service, cancel and pay nothing. Consumer Cellular received the highest number among four non-contract value providers in the J.D. Power 2016 v2 - 2018 V2 U.S. Wireless Customer Care Performance Study of customers' satisfaction with their wireless customer care experience. Your experiences may vary. Visit jdpower.com/awards

AARP member benefits are provided by third parties, not by AARP or its affiliates. Providers pay a royalty fee to AARP for the use of its intellectual property. These fees are used for the general purposes of AARP. Some provider offers are subject to change and may have restrictions. Please contact the provider directly for details.



Janet Kurz

A lucky pelican is inspiring conservation in younger generations

By Hannah Miller



Battery Island Committee, Cape Fear Garden Club

Plucky the Pelican never went looking to be a literary figure. He was simply doing what pelicans do, diving in the coastal waters of Brunswick County for his dinner.

But Plucky got entangled with a fish hook and line, and wound up headed for a lonely death on the uninhabited Battery Island, an Audubon-managed island in the Cape Fear River. Enter several bird-loving members of the Cape Fear Garden Club, who came in a skiff to pick up trash before the annual boat tour of bird nesting sites sponsored by the club and Audubon NC.

The volunteers spotted Plucky and carefully brought him onto the skiff, wrapped him in a jacket, and took him to the Southport Marina. From there, bird-rescue volunteer Janet Kurz of St. James, a member of Brunswick Electric (BEMC), took him several miles to Sea Biscuit Wildlife Shelter on Oak Island. With no food or water, he'd dwindled to a frail three pounds from a normal 10.


At Sea Biscuit, where a BEMC grant back in 2009 had replaced the pelicans' hot tub with an actual pool, Plucky was just what Mary Ellen Rogers was looking for. Rogers, a BEMC member who heads the shelter, needed a mature pelican to lead a bunch of young, inexperienced birds across the water to a

sand bank popular with pelicans. It would be a first step on the annual migration south.

Plucky had to recover first, but once healthy, he successfully winged his way into the new role—as well as into literary history. Garden club member Melinda Stewart of Wilmington, a retired first-grade schoolteacher, shares his story in her book, "Plucky the Lucky Pelican," as a lesson to youngsters to protect wildlife. Wilmington artist and retired children's librarian Mary Tyler contributed drawings, and Kurz captured Plucky and his new pelican friends in a photograph.

More than 400 copies of the book have been sold, with proceeds benefiting Audubon and the Sea Biscuit Shelter.

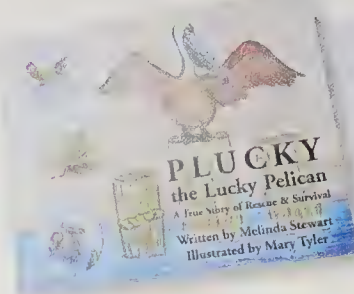
"It helps children see how they have to take care of their environment," Stewart says.

When she reads the book to children, she asks what they can do to help other Pluckys. One answer: "Tell my daddy not to cut the hook and let it fall into the water." 

Hannah Miller is a Carolina Country contributing writer who lives in Charlotte.

Top right: The white head of a mature brown pelican distinguishes Plucky from two young friends.

Above, top: An emaciated Plucky is escorted across the Cape Fear wrapped in a jacket and with his beak held firmly by rescuer Julie Fisher.



Plucky the Lucky Pelican

Published by New Hanover Printing & Publishing

Hardcover available through Wild Bird & Garden stores in Wilmington and Southport, and by mail (\$20) from author Melinda Stewart, 5084 Edinboro Lane, Wilmington, NC 28409.



"I've gotten many compliments on this watch. The craftsmanship is phenomenal and the watch is simply pleasing to the eye."

—M., Irvine, CA

"GET THIS WATCH."

—M., Wheeling, IL

Back in Black:
The New Face of
Luxury Watches
"...go black. Dark
and handsome
remains a classic
for a reason"

—Men's Journal

I'LL TAKE MINE BLACK...NO SUGAR

In the early 1930s watch manufacturers took a clue from Henry Ford's favorite quote concerning his automobiles, "You can have any color as long as it is black." Black dialed watches became the rage especially with pilots and race drivers. Of course, since the black dial went well with a black tuxedo, the adventurer's black dial watch easily moved from the airplane hangar to dancing at the nightclub. Now, Stauer brings back the "Noire", a design based on an elegant timepiece built in 1936. Black dialed, complex automatics from the 1930s have recently hit new heights at auction. One was sold for in excess of \$600,000. We thought that you might like to have an affordable version that will be much more accurate than the original.

Basic black with a twist. Not only are the dial, hands and face vintage, but we used a 27-jeweled automatic movement. This is the kind of engineering desired by fine watch collectors worldwide. But since we design this classic movement on state of the art computer-controlled Swiss built machines, the accuracy is excellent. Three interior dials display day, month and date. We have priced the luxurious Stauer *Noire* at a price to keep you in the black... only 3 payments of \$33. So slip into the back of your black limousine, savor some rich tasting black coffee and look at your wrist knowing that you have some great times on your hands.



27 jewels and hand-assembled parts drive this classic masterpiece.

An offer that will make you dig out your old tux. The movement of the Stauer *Noire* wrist watch carries an extended two year warranty. But first enjoy this handsome timepiece risk-free for 30 days for the extraordinary price of only 3 payments of \$33. If you are not thrilled with the quality and rare design, simply send it back for a full refund of the item price. But once you strap on the *Noire* you'll want to stay in the black.

Exclusive Offer—Not Available in Stores

Stauer Noire Watch \$399†

Your Cost With Offer Code **\$99 + S&P Save \$300**

OR 3 credit card payments of \$33 + S&P

1-800-333-2045

Offer Code: NWT440-06

You must use this offer code to get our special price.

† Special price only for customers using the offer code versus the price on Stauer.com without your offer code.

Stauer®

14101 Southcross Drive W., Ste 155, Dept. NWT440-06
Burnsville, Minnesota 55337 www.stauer.com



- 27-jewel automatic movement • Month, day, date and 24-hour, sun/ moon dials • Luminous markers • Date window at 3' o'clock
- Water resistant to 5 ATM • Crocodile embossed leather strap in black fits wrists to 6½"-9"

Stauer... *Afford the Extraordinary.®*



Cooperative Extension's Youth Development Program

A community of young people across NC who are learning

leadership
citizenship
life skills



For more information
about 4-H please contact
us at: nc4h.ces.ncsu.edu





Discovering Family Roots

Tips to turn history into your story

The holidays can be the perfect time to learn more about your family's history and trace your genealogy. Chatting with visiting relatives and hearing anecdotes about your ancestors can help you trace your genealogy, as well as unlock new understanding about your family's customs and achievements. To get started, try these tips.

Your immediate family

Write down the date and place of your birth (and marriage, if applicable) for yourself, spouse and children, and critical dates for your parents, including birth, marriage and death. This is the start of your basic family tree. Add the same info for all siblings. You can then work back generation-by-generation.

Other relatives, near and far

In almost every family, there is someone who knows all about the familial tree and history. Set aside some special time with him or her and exchange facts, stories and snapshots. You might be unsure of the exact date your grandparents were married, but they or someone


else may know. Let visiting relatives know you are exploring family history. Ask them to bring scrapbooks and vintage photographs so you all see and can talk about them, face to face. You can use your camera or smartphone to take pictures of photos you don't have. Building knowledge of your family history also can be an excuse to call your great aunt (or even a fourth cousin) who has your common great-grandparents in their tree. They probably have stories you haven't heard and would likely enjoy sharing them.

The family tree

You can build out your tree online using free U.S. census records at familysearch.org and subscription

services such as ancestry.com. Enter what you know about yourself, your parents and your brothers and sisters. Then add your grandparents, aunts, uncles and cousins. You can also upload stories, illustrations and photos.

DNA testing

DNA testing has revolutionized the way people discover family history, in that you become part of a far-reaching genetic network. In addition to providing ethnicity estimates, some services compare your DNA to the people in the network and match you to anyone sharing enough DNA with you to point to a recent common ancestor within generations. 

—*FamilyFeatures.com*

Local resources

North Carolina's online genealogy resources include bit.ly/statelibrary-genealogy and archives.ncdcr.gov. The State Archives and its Genealogy Room in Raleigh have staff to assist researchers on-site. Access to most of the archives is free and open to the public. You can also visit, phone or email County Courthouse Register of Deeds offices when searching for vital records (find NC county offices at bit.ly/ncard-register-of-deeds).

 carolinacountry.com/extras
Read about senior associate editor Renee C. Gannon's exploration of her family tree.



Retro Fun, but Good for You, Too?

7 surprising benefits of doing jigsaw puzzles

There's a quiet movement going on, and it doesn't involve apps or data. Following the lead of vinyl record albums and coloring books, jigsaw puzzles are seeing a resurgence in popularity. Puzzles are an opportunity to unplug and give yourself and family an escape from the information overload buzzing through our lives, 24/7.

A jigsaw puzzle requires your full attention, and therein lies the calming magic. Everyone from tweens and teens to millennials and overworked parents to seniors are returning to this childhood pastime.

There is a wide range of jigsaw puzzles on the market to choose from. Longtime companies that design and sell them include Ravensburger. Spending time with jigsaw puzzles...

1 Exercises both sides of your brain

Your left brain is logical and works in a linear fashion, while your right brain is creative and intuitive. When you're doing a jigsaw puzzle, both sides are engaged, according to Sanesco Health, an Asheville-based industry leader in neurotransmitter testing. It's a workout that improves your problem-solving skills and attention span. It's no surprise that Bill Gates admits to being an avid puzzler.

2 Boosts short-term memory Can't remember what you had for lunch yesterday? Doing a puzzle reinforces connections between brain cells, improves mental speed and is an especially effective way to improve short-term memory.


3 Sharpens visual-spatial reasoning When you do a jigsaw puzzle, you need to look at individual pieces and figure out where they'll fit into the big picture. If you do it regularly, you'll improve visual-spatial reasoning, which helps with driving a car, packing, using a map and learning and following dance moves, among other things.

4 Is a meditation tool Focusing on one image for a long period of time, without extraneous thoughts entering your mind, is in itself meditation. The stress

of everyday life evaporates and is replaced by a sense of peace and tranquility that lowers your blood pressure and heart rate.

5 Strengthens family Starting a jigsaw puzzle and keeping it on a table in the living room is an invitation for the whole family to participate. It's also a tactic that parents of teens use for starting a conversation while working toward a shared goal.

6 Provides solo fun Conversely, jigsaw puzzles are great for some alone time or a quiet break from the bustle of modern life.

7 Helps you live longer, better Studies have shown that people who do jigsaw and crossword puzzles have longer life spans, with less chances of developing Alzheimer's disease, memory loss or dementia. 

—Brandpoint

Holiday Safety Crossword Puzzle



This holiday season, remember to keep safety in mind! Complete the crossword puzzle below.



Clues

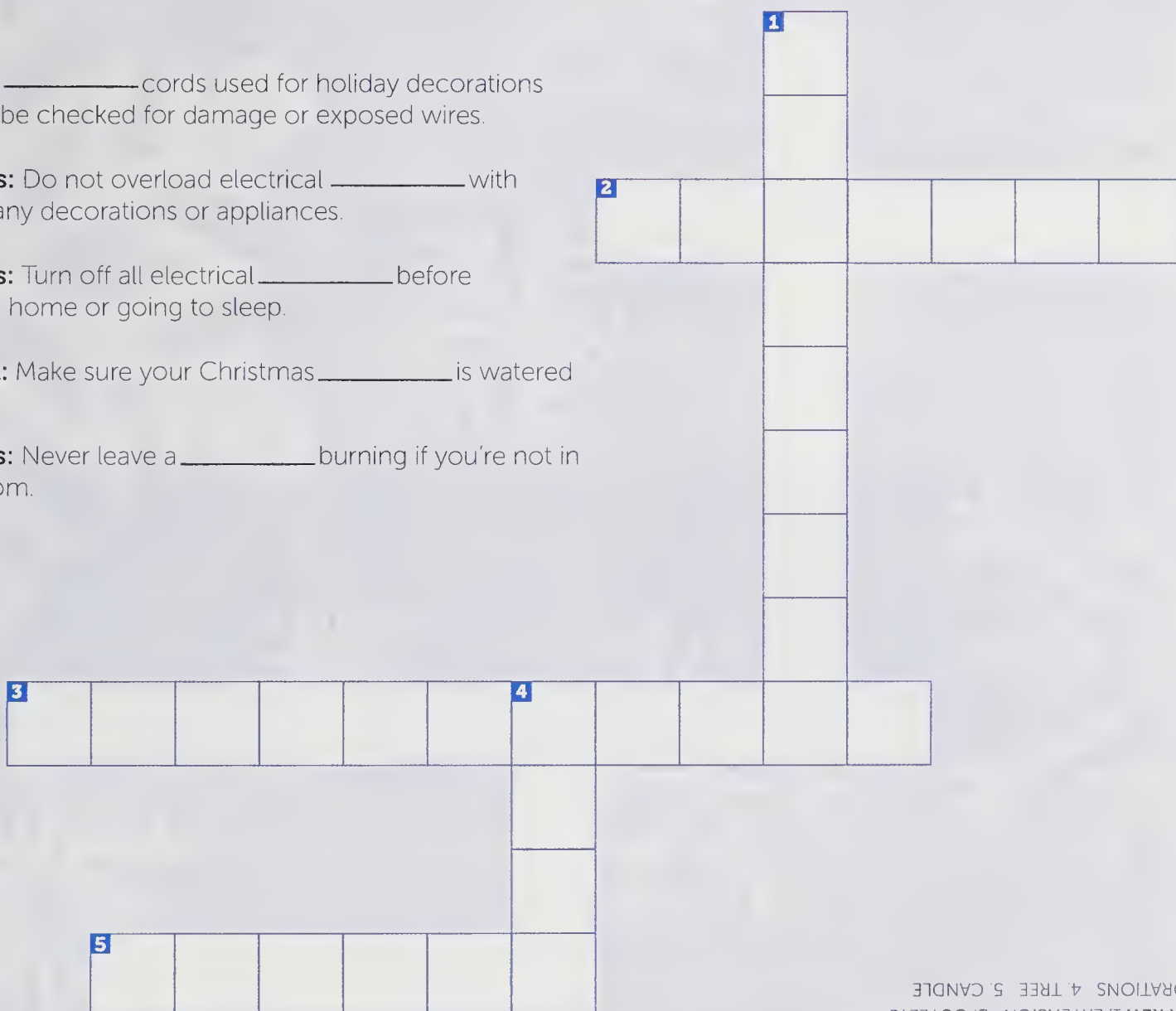
1 Down: _____ cords used for holiday decorations should be checked for damage or exposed wires.

2 Across: Do not overload electrical _____ with too many decorations or appliances.

3 Across: Turn off all electrical _____ before leaving home or going to sleep.

4 Down: Make sure your Christmas _____ is watered daily.

5 Across: Never leave a _____ burning if you're not in the room.



ANSWER KEY: 1. EXTENSION 2. OUTLETS
3. DECORATIONS 4. TREE 5. CANDLE


Simple Yet Scrumptious

Set the menu for easy entertaining over holidays

One of the best-kept chef secrets to hosting the most memorable at-home parties is keeping the food simple and adding small details to make it special.

It's also important to plan ahead and make every minute in the kitchen count. Use wholesome, quality core ingredients to create flavorful dishes. Choosing easy-to-prepare dishes leaves you more time to enjoy the holidays with the ones you love.

In keeping things simple, try a rich olive oil to add a little zest and create dishes that pop off the plate, like this

recipe for colorful beet hummus. Or if you're looking for something comforting, indulge in this creamy tomato soup. (Adding the homemade croutons makes it extra special.) The dessert here offers a yummy pistachio cream that will leave a lasting impression on your guests. Find additional recipes at bertolli.com. 

—FamilyFeatures.com

Tomato Soup

With Homemade Croutons

- 4 tomatoes
- 3 grilled red bell peppers in oil
- 1 shallot
- ½ cup extra virgin olive oil, plus additional for brushing on bread
- 3 tablespoons sherry vinegar
- 1 clove garlic
- 18 basil leaves, divided
- Salt, to taste
- Pepper, to taste
- 4 slices crusty bread

Cut small cross in bottom of tomatoes and submerge in boiling water 30 seconds. Let tomatoes cool in ice water 30 seconds then remove skins.

In blender, blend tomatoes, red bell peppers, shallot, extra-virgin olive oil, vinegar, garlic, 10 basil leaves, and salt and pepper until mixture is smooth. Add mixture to large pot and heat, stirring frequently.

For croutons, cut bread into 2-inch slices (roughly), brush with olive oil and grill 2 minutes per side over medium-high heat until visible grill marks have formed.

Garnish soup with remaining basil leaves and serve with croutons.



Bitter Chocolate Dessert

With pistachio cream

- ½ cup, plus 1 tablespoon, sweetened condensed milk
- ½ cup brown sugar
- 1½ tablespoons extra virgin olive oil, plus additional for pistachio cream
- 4 ounces dark chocolate
- 1¼ cups shelled pistachios

In saucepan, combine condensed milk and sugar; cook over low heat, stirring until mixture takes on toasted color.

Add olive oil and dark chocolate; continue to stir until fully combined.

Line 9-by-5-inch loaf pan with parchment paper and spread mixture into pan. Refrigerate until fully set.

For pistachio cream, blend pistachios and small amounts of olive oil until smooth paste forms.

Remove dessert from pan and cut into slices. Serve with pistachio cream on top.



Healthy Beet Hummus

- 3 beets
- Salt, to taste
- Extra virgin olive oil, to taste
- 2 cups canned chickpeas
- 2 tablespoons sesame seed paste or tahini

Preheat oven to 375 degrees.

Peel beets and boil until soft; season with salt and olive oil.

Puree beets with chickpeas and sesame seed paste until a uniform paste forms. Transfer to oven-safe serving dish.

Bake 10 minutes and serve.

HARBOR FREIGHT

QUALITY TOOLS AT RIDICULOUSLY LOW PRICES

900 Stores Nationwide • HarborFreight.com

PREDATOR BEATS HONDA

3500 WATT SUPER QUIET INVERTER GENERATOR

3500	MAX. STARTING WATTS	3000
3000	RUNNING WATTS	2800
100 LBS.	WEIGHT	131 LBS.
2.6 GAL.	TANK SIZE	3.4 GAL.
4	OUTLETS	4
YES	OVERLOAD PROTECTION	YES
212 cc	ENGINE SIZE	196 cc
YES	LOW OIL ALERT	YES
YES	PARALLEL CAPABLE	YES
YES	POWER SAVER	YES



HONDA EU3000iS1A

* HONDA EU3000iS1A stated specs

NOW \$769.99 **SAVE \$1,299** **PRICE \$1,999**



SUPER COUPON
BEST BUY WINNER
As tested by a Harbor Freight
product testing publication



PREDATOR 3500

NOW \$699.99
Customer Rating
★★★★★
ITEM 63584

SUPER COUPON

FREE

WITH ANY PURCHASE

3-1/2" SUPER BRIGHT ALUMINUM FLASHLIGHT
• 9 LED
• Compact, Lightweight



COMPARE TO RAYOVAC \$3.50
MODEL: R5351P-9

ITEM 69111/62522/62573/63599/63875
63884/63886/63888/69052 shown



93084195

Limit 1 coupon per customer per day. Limit 1 coupon per item per customer per day. Coupon valid through 3/30/19.

SUPER COUPON

20% OFF

ANY SINGLE ITEM*



93083809

Limit 1 coupon per customer per day. Limit 1 coupon per item per customer per day. Coupon valid through 3/30/19.

U.S. GENERAL

30", 5 DRAWER MECHANIC'S CARTS

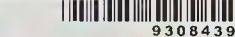


Customer Rating
★★★★★

COMPARE TO Snap-on BLUE-POINT \$800
MODEL: M100CTYPES

SAVE \$610

15,000 cu. in. of storage
700 lb. capacity
Weighs 139 lbs.



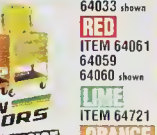
93084390

Limit 4 - Coupon valid through 3/30/19*

SUPER COUPON

NEW

BLUE ITEM 64031
BLACK ITEM 64032
64033 shown
RED ITEM 64061
64059 shown
ORANGE ITEM 64721
64722 shown
YELLOW ITEM 64720

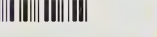


Customer Rating
★★★★★

COMPARE TO Snap-on BLUE-POINT \$800
MODEL: M100CTYPES

SAVE \$610

15,000 cu. in. of storage
700 lb. capacity
Weighs 139 lbs.



93084390

Limit 4 - Coupon valid through 3/30/19*

SUPER COUPON

7 FT. 4" x 9 FT. 6" ALL PURPOSE/WEATHER RESISTANT TARP



Customer Rating
★★★★★

COMPARE TO BLUE HAWK MODEL: BG6X10-Y

SAVE \$998

ITEM 69115/69121/69129/69137/69249/877 shown



93084646

Limit 9 - Coupon valid through 3/30/19*

CENTRAL PNEUMATIC

3 GALLON, 100 PSI OIL-FREE AIR COMPRESSORS



Customer Rating
★★★★★

COMPARE TO PORTER-CABLE MODEL: PCF302003

SAVE \$98.62

ITEM 69269/97080 shown

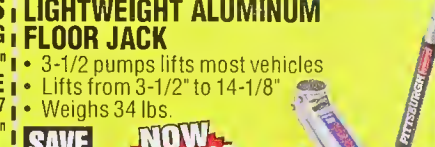


93084968

Limit 5 - Coupon valid through 3/30/19*

PITTSBURGH

RAPID PUMP® 1.5 TON LIGHTWEIGHT ALUMINUM FLOOR JACK



Customer Rating
★★★★★

COMPARE TO K TOOL MODEL: KTH3004

SAVE \$65

ITEM 64545/64552/64832/68053
62160/62496/62516/60569 shown



93085514

Limit 3 - Coupon valid through 3/30/19*

drillmaster

4-1/2" ANGLE GRINDER

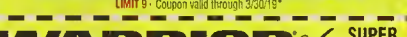


Customer Rating
★★★★★

COMPARE TO PERFORMAX MODEL: 2411-1

SAVE \$28.99

ITEM 69645/95578/60625 shown



93086011

Limit 9 - Coupon valid through 3/30/19*

PORTLAND

14" ELECTRIC CHAIN SAW

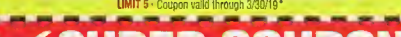


Customer Rating
★★★★★

COMPARE TO CRAFTSMAN MODEL: 071-45247

SAVE \$60

ITEM 64498/64497 shown



93086033

Limit 5 - Coupon valid through 3/30/19*

CENTECH

2/10/50 AMP, 12 VOLT BATTERY CHARGER/ENGINE STARTER

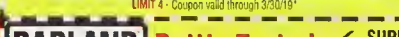


Customer Rating
★★★★★

COMPARE TO SCHUMACHER ELECTRIC MODEL: SE-1250

SAVE 50%

ITEM 60581/60653 shown

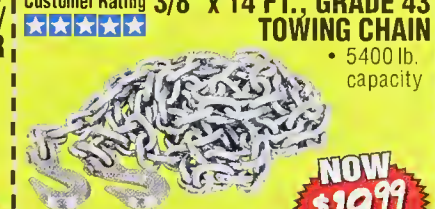


93086146

Limit 4 - Coupon valid through 3/30/19*

HaulMaster

3/8" x 14 FT., GRADE 43 TOWING CHAIN

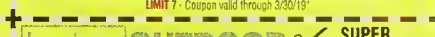


Customer Rating
★★★★★

COMPARE TO MIBRO MODEL: 426820

SAVE \$64.99

ITEM 60658/97711 shown



93086442

Limit 7 - Coupon valid through 3/30/19*

WARRIOR

29 PIECE TITANIUM DRILL BIT SET



Customer Rating
★★★★★

COMPARE TO DEWALT MODEL: DW1369

SAVE \$64.99

ITEM 5889/62281/61637 shown



93086466

Limit 9 - Coupon valid through 3/30/19*

SUPER COUPON

TWO-TIER COLLAPSIBLE EASY-STORE STEP LADDER



Customer Rating
★★★★★

COMPARE TO WERNER MODEL: E322A-1

SAVE \$33.88

ITEM 67514



93086715

Limit 6 - Coupon valid through 3/30/19*

BADLAND

2500 LB. ELECTRIC WINCH WITH WIRELESS REMOTE CONTROL



Customer Rating
★★★★★

COMPARE TO SUPERWINCH MODEL: 1125220

SAVE \$140

ITEM 61840/61297/63476/61258 shown



93087248

Limit 4 - Coupon valid through 3/30/19*

luminar OUTDOOR

24 FT., 18 BULB, 12 SOCKET OUTDOOR STRING LIGHTS



Customer Rating
★★★★★

COMPARE TO PORTFOLIO MODEL: 3LC12BK

SAVE \$54.98

ITEM 64486/63483 shown



93087249

Limit 7 - Coupon valid through 3/30/19*

SUPER COUPON

10" PNEUMATIC TIRE

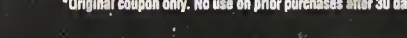


Customer Rating
★★★★★

COMPARE TO FARM & RANCH MODEL: FR1005

SAVE \$7.35

ITEM 69385/62388/62409/62698/30900 shown



93087497

Limit 8 - Coupon valid through 3/30/19*

KRAUSE & BECKER

AIRLESS PAINT SPRAYER KIT

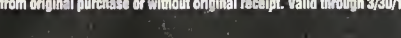


Customer Rating
★★★★★

COMPARE TO GRACO MODEL: 262800

SAVE \$299

ITEM 62915/60600 shown



93087506

Limit 3 - Coupon valid through 3/30/19*

HaulMaster

18" x 12" MOVER'S DOLLY

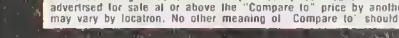


Customer Rating
★★★★★

COMPARE TO BUFFALO TOOLS MODEL: HFDOLLY

SAVE \$17.65

ITEM 63098/60497/61899/63095/63096/63097/93888 shown



93088203

Limit 5 - Coupon valid through 3/30/19*

CHICAGO ELECTRIC POWER TOOLS

12" DOUBLE-BEVEL SLIDING COMPOUND MITER SAW

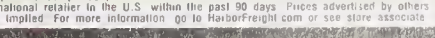


Customer Rating
★★★★★

COMPARE TO RYOBI MODEL: T3312BL

SAVE \$249

ITEM 69684/61970/61969 shown



93088358

Limit 5 - Coupon valid through 3/30/19*

*Original coupon only. No use on prior purchases after 30 days from original purchase or without original receipt. Valid through 3/30/19.

At Harbor Freight Tools, the "Compare to" price means that the specified comparison, which is an item with the same or similar function, was advertised for sale at or above the "Compare to" price by another national retailer in the U.S. within the past 90 days. Prices advertised by others may vary by location. No other meaning of "Compare to" should be implied. For more information go to HarborFreight.com or see store associate.

Adding Moisture to The Air

By Hannah McKenzie

Q: The air inside my house is uncomfortably dry in the winter. I am considering adding humidifiers to improve my comfort, but there are so many options. Which humidifier is best? Are there other ways to increase the relative humidity in my home?

A: The number of whole-home and room humidifiers to choose from is absolutely dizzying. While they can enhance comfort in a dry home, locating and resolving the source of dry air is a stronger solution. In addition to likely improving comfort, it will save you money and reduce the need for buying and maintaining another machine.

Air leaks allow warm humid air to escape the home and pull in drier cold air from the outside. This can happen through cracks or holes in your floors or ceilings, drafty windows, leaky HVAC ductwork and an unbalanced heating system, among other possibilities. Simply replacing a clogged air return filter or keeping interior doors open will sometimes ensure less outside air is sucked into your home. Whether you want to do it yourself or hire a home energy professional, checklists and guides are available at bit.ly/energystar-projects.

Adding humidity should be done with caution. While dry air can make our throats or noses feel parched and wreak havoc on our skin, too much moisture in the air can cause a microorganism-growing frenzy, which can start or worsen a variety of respiratory health issues.

Once your home has as few air leaks as possible and a way to monitor relative humidity (RH), it is time to consider whole-home or room humidifiers. All humidifiers need routine care to reduce the growth of microorganisms:

- Regularly check on the humidifier for proper and clean operation.
- Use water with low mineral content, such as filtered or distilled.
- Clean the tank and parts regularly with products approved by the manufacturer.
- Quickly clean up any spills or leaks from the humidifier.
- Keep indoor RH between 30 and 50 percent by using a humidifier with a built-in humidistat that automatically limits the humidity to your RH setting. Alternatively, purchase a hygrometer or portable weather station at a local hardware store to monitor RH.



The two general types of humidifiers are warm mist and cool mist.


Warm mist models work by heating water and releasing water vapor. Although the water vapor is warm, these models still have heating elements, so be cautious with them around children.

Cool mist models (evaporative, ultrasonic and impeller) generate water vapor using a combination of movement and fans.

Consider the following when comparing models:

- **Ease of cleaning.** Some of us can barely keep up with dishes, so do yourself a favor and make sure cleaning the humidifier is a doable chore.
- **Ease of use.** Do the buttons make sense? Will the tank fit under your faucet?
- **Humidistat.** Units with humidistats typically cost more but will save you the headache of constantly babysitting the unit so that moisture doesn't accumulate on surfaces.

Too often we find ourselves purchasing humidifiers in a desperate, coughing, feverish stupor at midnight. Get ahead of the game by talking with friends, reading customer reviews and joining websites like Consumer Reports to help you choose home improvements that meet your needs.

For an overview of the different types of whole-home and room humidifiers and how to care for them, visit bit.ly/epa-humidifiers and bit.ly/ahri-humidifiers. 

Hannah McKenzie is a building science consultant for Advanced Energy in Raleigh.

FREE BATTERIES • FREE SHIPPING • FREE SUPPORT



FDA REGISTERED HEARING AID

ONLY
\$299
EACH!

**45-DAY
RISK-FREE
TRIAL**

"This technology is awesome. Clarity of words is fantastic."

T.D. - York, SC

SEND NO MONEY NOW!

FOR QUALIFIED BUYERS.

- > Conversations remain clear even in noisy environments
- > Helps you focus on the sounds you want to hear, not the noise around you.
- > Crisp, clear sound thanks to 4 channel compression

"I can now hear my family when they talk to me. Very easy to use and fits great."

R.K. - Michigan

"Good honest company and a great hearing aid. Thank you for making it affordable."

J.J. - Alabama

**SAVE
OVER
85%**

COMPARED TO
YOUR LOCAL
HEARING AID
STORE!

Amazing sound • Discreet size

The Apollo-6200 is a genuine FDA registered 100% digital hearing aid that gives you the **BEST** technology for the **BEST** price. Packed with American Made electronics in a durable, easy to maintain hearing aid ensures you get crisp, clear sound. Advanced technology focuses on the sounds you want to hear and feedback cancellation virtually eliminates squeal. Discreet slim-tube design gives you the most natural sound with total comfort.

A typical hearing aid costs at least \$2,300 but your price is nowhere near that with this special offer! Try the **Apollo-6200** with **NO MONEY DOWN** completely Risk-FREE for 45 days in the comfort of your own home and see if it's everything we've promised. **Call today and mention promo code 03-321!**



- Hearing aids by mail for more than 39 years
- Over 750,000 satisfied customers



**FREE
SHIPPING!**

**Try the Apollo-6200
Risk-FREE for 45 days!**

SEND NO MONEY NOW!

If you like it then pay only \$299 each
or simply send it back.

By phone (M-F • 8am - 5pm CST)

1-888-847-1189

Order online

www.HearingHelpExpress.com

LIMITED TIME OFFER EXPIRES 2/28/19

**PROMO
CODE
03-321**

I Remember

Memories and photos from our readers



The Perfect Gift

Growing up in the small town of Granite Falls in the 1960s was both tough and fun. My Dad had left the Navy and moved my Mom, me, aged 6, and my siblings, 4 and 2, from Long Beach, California, back to their hometown of Granite Falls after serving his country on a Naval cruiser, the USS Rochester, for 10 years. While in the Navy, he would be gone for six to nine months on tours and then at home on base for three. He had the opportunity to visit Hawaii, China, Hong Kong, Vietnam, the Philippines and many other places that a farm boy could only dream of.

He didn't feel it was fair for my Mom to carry the whole load alone for raising three small children without any relatives for backup and took what the Navy taught him as a welder back to this small town, where he worked for the next 30 years for what was to become PNG. We lost him pretty early to a massive heart attack at only 56.

Granite Falls was the typical Hallmark/Mayberry small town. The kids walked to school, to the library,

downtown and all over with no worries or fears. The downtown area had a Five & Dime where as kids we would visit any time we had a nickel to spend. You could go there and "shop" for hours and see (what seemed to us) thousands of items to buy, mostly penny candy.

One year we knew exactly what to get my Dad as he had been watching TV one day and we heard him say to my Mom "Now THAT'S what I want for Christmas this year!" We were so excited to be able to get this "perfect" Christmas gift because we knew it was something he had seen and we knew we could actually afford it.

Now remember, back in the 60s the guys wore their hair slicked back like James Dean or for you younger guys Fonzie. Well, the "perfect Christmas Gift" was a tube of Brylcreem.

Christmas day arrived and we opened our gifts full of excitement. Now in those days money was tight so we usually got a new outfit of clothes for school, a stocking that always had an apple, an orange and some nuts in it and generally one toy, a doll if you were a girl and a set of cowboy pistols and a hat or a truck if you were a boy.

My Dad was the quiet type that always waited for everyone else to open their stuff and admire it before opening his. We were so excited and couldn't wait for him to open his gift. Finally, he gets it open, pulling each piece of tape off and excruciatingly unwrapping it without tearing the paper (back then you saved all the paper and bows to use again the next year).

He looked at the tube of Brylcreem kind of funny and thanked us. We were so excited as we said we heard him telling our Mom that that was what he wanted for Christmas this year. To our amazement, he looked at my Mom and she looked at him and they both burst out laughing. My Dad laughed till he had tears in his eyes and every time he would catch my Mom's eye all day they both would break out into laughter. He assured us that we had gotten him exactly what he wanted, though he couldn't say it without falling down laughing.

It wasn't until years later that we realized that he had been teasing my Mom when he saw the commercial and was talking about the WOMAN coming out of the tube. He faithfully used the Brylcreem over the next year with my Mom teasing him each time and both of them laughing for years over his "perfect gift." The one thing I remember more than anything about my Mom and Dad while growing up was the laughter and love they shared.

*Lisa Williams Richards, Granite Falls,
A member of Blue Ridge Energy*

Send Us Your Memories We love sharing photos and memories dear to our readers. Submit your photo, plus roughly 200 words that describe it, online or by mail with a self-addressed, stamped envelope if you want it returned (only one entry per household, per month). Include your name, mailing address, phone number or email address, and the name of your electric co-op. We retain reprint rights, and we'll pay \$50 for those we publish. **Online:** carolinacountry.com/contact **U.S. Mail:** I Remember, Carolina Country, 3400 Sumner Blvd., Raleigh, NC 27616



Store Photo Catches Memories

This is an old photo that brings back amazing memories when my brother and I were young and believed in Santa Claus. Mom had carried us to Kmart to see Santa, I was six years older than Jeff, my brother. This was either December 1965 or 1966, when I would have been in 5th or 6th grade and we lived in Candler near Asheville. At that age, I got so excited on Christmas Eve, and was always wishing for a big, fresh, snow-fall. Mom would make popcorn and we would string it up and place it on the tree. A nice big mug of hot chocolate with marshmallows was also in order, with a crackling fire and nice Christmas music playing on the radio.

*Karen Gilliam, Morganton,
A member of Rutherford EMC*

The Replica Fanner Cap Pistol

I remember the Christmas of 1956 when I was eight or nine years old. It was the year I got a replica Fanner cap pistol. I was a mighty happy little boy! I would “act out” all the westerns that were on TV back then, always trying to be “one of the good guys.” I think that is the reason I like westerns so much today because I grew up on them. Today, my replica Fanner cap pistol is proudly displayed on my bedroom wall. It has a story to tell about a little boy and his childhood.

*Fred Hogue, Jefferson,
A member of Blue Ridge Energy*

Spreading Joy with Cookie Cutters

When I was 7, my mother was the grade mother for my 2nd grade class at Morehead School in Durham. For class holiday parties, my mom and a few others baked Christmas cookies. I knew my mom would be in the kitchen for a while, and that my brother Sam and sister Joy (Alex, the youngest, had not arrived at this time) were much too young for the cookie-baking process, so I felt confident that I’d have my mom to myself for a few hours.

She started by mixing the butter, sugar and eggs together, then added the salt, vanilla and flour—very slowly as it stiffened. She rolled out the dough and pressed in the cookie molds, then flipped each over, gently pushing the dough into the mold. She then smacked the mold onto the counter in hopes it would come out in the right shape. It seemed to take forever. We sang carols and she told me stories of funny silly things she did when she was a little girl. It was our very special time together. We cleaned the kitchen together (well, she cleaned the kitchen), and we sprinkled colored sugar on the cookies as they came out of the oven. The three-dimensional cookies were so different from plain-cut cookies. I was very proud to have a part in creating them.

Twenty years later, I was helping my mom clean out her kitchen cupboard and ran across the cookie molds in their original box with the original recipe and instructions: Aunt Chick’s Merry Christmas Cookie Cutters (grammascutters.com). At

the time, my son Will was in the 2nd grade and I was a grade mother for his classroom. So, I was given the cutters and went home to give it a try. Soon after the mixer started blending the dough, I found Will on the kitchen stool beside me. We were singing carols, and I was telling him stories of funny silly things my mom did when she was a little girl. (I didn’t do anything funny or silly!)

Will grew up, but I continued to make the cookies for our friends with children, and also for each of my music students. Going through the trouble to paint the cookies with confectioner’s sugar mixed with coloring and water, they turn out looking more like ornaments than cookies.

Recently my grandsons helped me make the cookies. One on each side as the mixer blended the dough, and as we rolled it out, we sang carols and I told them funny, silly stories of things their dad did when he was a little boy. (Remember, I didn’t do anything funny or silly!) This was truly special time together.

I now gather some friends to go to the Ronald MacDonald House in Durham and make cookies for 40 or so families. These families have children who are in the hospital. Many of them will not celebrate Christmas at home this year.

Bett Padgett, Raleigh

+ carolinacountry.com/extras

Bett wrote a song about her Christmas cookie cutter tradition. Watch cookie-making magic set to her music online.

Gifts for the Outdoor Enthusiast

Keep your loved ones equipped with this great gear

By Mike Zlotnicki

Gift-giving season is upon us, and you may have a hunter or angler on your list. Speaking from experience, gift cards from sporting goods stores are always welcome. But nothing beats new gear that you can turn over in your hands and admire, so here are a few suggestions that will please any outdoor enthusiast (and everyone else, too). Prices listed are approximate.

Buck 110 Folding Hunter® Knife

\$80 | buckknives.com

Everyone needs a good knife, especially hunters. The Buck 110 Folding Hunter is a classic design that makes for a nice gift and can be engraved for personalization. It has a sturdy blade for breaking down big game while being small enough for more intricate jobs (and it takes up little room on a belt). The 110 has a nice 7.2-ounce heft to it and holds an edge nicely. It handles most any field job nicely, and it even comes with a snap-close black leather sheath. These can be found at a variety of retailers, so shop around for the best price.

Lansky QuadSharp Pocket Sharpener

\$20 | lansky.com

A knife is no good if it's dull, be it a hunting knife or a kitchen knife. That's why a handy sharpening tool will benefit both the hunter and the cook in the house. The Lansky QuadSharp pocket sharpener is a great little tool. There are plenty of "single-angle" sharpeners out there, but QuadSharp has four different carbide slots to accommodate blades from work knives to fillet knives. A ceramic benchstone is built in to hone the bevel of straight blades and for use in serrated knives. With this in the house, you'll be searching the kitchen for knives to sharpen.



Berkley® Precision Digital Scale

\$35 | berkley-fishing.com

How much did that fish REALLY weigh? A digital fish scale will give you proof that you caught the big one, and the Berkley Precision Digital Scale is a great tool for the job. The scale tops out at 35 pounds, is accurate in half-ounce increments and comes with a culling feature for tournament anglers. It has a backlit display for night fishing and has a simple three-button operation. If there's a turkey hunter on your list, it weighs gobblers as well as fish.



Cabela's Alaskan Guide® Series QUL Headlamp


\$30 | cabelas.com

Everyone needs some light now and then. Cabela's Alaskan Guide Series QUL Headlamp gives the user hands-free illumination. It's equipped with four voltage-regulated, ultra-bright, 5mm LEDs that produce 78 lumens of light for up to 105 hours on three AAA batteries (included). Four lighting modes include high, medium, low and strobe. It is weatherproof and waterproof—submersible to 3 feet. A battery meter lets you know when power is running low. The lighting element can pivot on the band for optimal beam angle. It is equally at home in the deer woods, duck blind or doing repairs around the house.



Quality Time

Priceless

Lastly, you can give something money can't buy. You can give someone time. Your time. Take a child fishing. Take an adult fishing. Introduce someone to hunting, to target shooting or sporting clays. If you were successful on the water or in the woods, share your bounty with someone who doesn't hunt or fish. And when you do, present the game or fish dressed, packaged and clean. A little venison sausage, burger or backstrap can go a long way in introducing a non-hunter to your world. The same with crappie or catfish fillets. Share and "pay it forward." All year round. 

Mike Zlotnicki is associate editor at Wildlife in North Carolina magazine. He lives in Garner with his wife, three daughters and two German shorthaired pointers.

Designed To Help:
**Guard
Against
EDEMA,
THROMBOSIS
& PHLEBITIS!**

For
Men &
Women

Helps To:

- Boost Circulation
- Reduce Swelling
- Fight Fatigue
- Perfect For Long Distance Traveling

HELPS BOOST BLOOD FLOW!

Just slip on these incredible Therapeutic Circulation Stockings and fight the effects of gravity all day long. Helps stop blood from pooling in lower leg, ankle and feet. Ribbed calf gently "massages" leg to help boost circulation, reduce swelling and fight fatigue. Great for those suffering from edema, thrombosis, phlebitis or poor circulation. Import made of nylon/spandex. One size fits most. Hurry, order today and receive a FREE surprise gift with your order, and get FREE shipping.

Satisfaction Guaranteed or Return For Your Money Back

Connect with



DreamProducts.com (website offers may vary)

1-800-530-2689 (Order Now Toll-Free) Dept 76367 © 2018 Dream Products, Inc (Prices valid for 1yr.)

These Socks Could **SAVE YOUR LIFE!**

Therapeutic Circulation Stockings
Buy 1 Pair, Get 1 Pair FREE!

Only **\$19⁹⁹**

Helps Your Legs Feel Young Again!



**"Pinch" Points
Provide Gentle
Graduated
Pressure For
Better Circulation**

Hurry, Order Today & Get
**FREE
SHIPPING!**

Receive A
FREE SURPRISE GIFT
With Every Order!

Therapeutic Circulation Stockings

Item #87237 Ladies' Stockings	
@ \$19.99 1st pair + 1 Lds' Pair FREE!	\$
Item #87238 Men's Stockings	
@ \$19.99 1st pair + 1 Mn's Pair FREE!	\$
Item #87239 Ladies' Stockings	
@ \$19.99 1st pair + 1 Mn's Pair FREE!	\$
CA residents must add 7.25% sales tax	\$
REGULAR FREE SHIPPING	\$ FREE
Add \$2.00 Handling no matter how many ordered	\$ 2.00
<input checked="" type="checkbox"/> FOR EXPEDITED SHIPPING (optional) Add An Additional \$2.95 (receive your order 5-7 days from shipment)	\$ 2.95

Please Print Clearly

TOTAL \$

Check or money order payable to: **Dream Products, Inc.**
Send Order To: 412 Dream Lane, Van Nuys, CA 91496

☐ VISA ☐ MasterCard ☐ Discover®/NOVUSSM Cards

Card# Exp. Date

Name

Address

City ST Zip

Daytime Phone #

Dept. 76367 Email

where

in Carolina Country is this?



Where in Carolina Country is this?

Send your answer by Tuesday, Dec. 4, with your name, address and the name of your electric cooperative.

Online: carolinacountry.com/where

By mail: Where in Carolina Country?
P.O. Box 27306
Raleigh, NC 27611

Multiple entries from the same person will be disqualified.

The winner, chosen at random and announced in our January issue, will receive \$25.

Have a roadside gem you'd like to share?

Submit a photo, plus a brief description and general location information, at carolinacountry.com/where.

November winner

The November Where Is This photo by Mickey Dessel Tomczak features a small chicken house visible along Marrestop Road near the intersection with Johnsonville Road on the western edge of Murphy. The hand-painted rooster catches many a traveler's eye in this part of Cherokee County. The winning entry chosen at random from all correct submissions came from Sandy Figueroa of Murphy, a Blue Ridge Mountain EMC member.



CAROLINA COUNTRY scenes photo of the month



A Polkville Winter

Houses huddled while a warm sunset set the snowy fields aflame.

Michael G. Smart, Lawndale, A member of Rutherford EMC

The Photo of the Month comes from those who scored an honorable mention from the judges in our 2018 photo contest ("Carolina Country Scenes," January 2018). See even more Photos of the Week on our website carolinacountry.com.

*Meet the future
of personal
transportation.*



The Zinger folds to a mere 10 inches.

It's not a Wheelchair...

It's not a Power Chair...

It's a Zinger Chair!

More and more Americans are reaching the age where mobility is an everyday concern. Whether from an injury or from the aches and pains that come from getting older—getting around isn't as easy as it used to be. You may have tried a power chair or a scooter. The *Zinger* is NOT a power chair or a scooter! The *Zinger* is quick and nimble, yet it is not prone to tipping like many scooters. Best of all, it weighs only 47.2 pounds and folds and unfolds with ease. You can take it almost anywhere, providing you with independence and freedom.

Years of work by innovative engineers have resulted in a mobility device that's truly unique. They created a battery that provides powerful energy at a fraction of the weight of most batteries. The *Zinger* features two steering levers, one on either side of the seat. The user pushes both levers down to go forward, pulls them both up to brake, and pushes one while pulling the other to turn to either side. This enables great mobility, the ability to turn on a dime and to

pull right up to tables or desks. The controls are right on the steering lever so it's simple to operate and its exclusive footrest swings out of the way when you stand up or sit down. With its rugged yet lightweight aluminum frame, the *Zinger* is sturdy and durable yet convenient and comfortable! What's more, it easily folds up for storage in a car seat or trunk—you can even gate-check it at the airport like a stroller. Think about it, you can take your *Zinger* almost anywhere, so you don't have to let mobility issues rule your life. It folds in seconds without tools and is safe and reliable. It holds up to 265 pounds, and it goes up to 6 mph and operates for up to 8 hours on a single charge.

Why spend another day letting mobility issues hamper your independence and quality of life?

Zinger Chair®

Call now toll free

1-888-627-5739

Please mention code 110437 when ordering.

- Just think of the places you can go:*
- Shopping • Air Travel • Bus Tours
 - Restaurants—ride right up to the table! • Around town or just around your house

Not intended for use by individuals restricted to a sitting position and not covered by Medicare or Medicaid. Zinger is not a medical device.

© 2018 firstSTREET for Boomers and Beyond, Inc.

CELEBRATING 100 YEARS



MURRAY McMURRAY

McMurrayHatchery.com 800.456.3280

RHINO
STEEL BUILDING SYSTEMS

25 Year Warranty • Easy Bolt-Together Design
Engineered Stamp Blueprints



Farm • Industrial • Commercial

RHINO.BUILDERS/NC 940-304-8072
INFO@RHINOBLDG.COM

Custom Steel Buildings



PREMIER
BUILDING SYSTEMS, INC.

1-800-882-5150

Arco Steel Buildings
1-800-241-8339

40 x 60 x 10	CALL \$18,410
50 x 75 x 12	CALL \$18,215
60 x 100 x 12	CALL \$26,965
100 x 75 x 12 w/column	CALL \$32,850
20 x 100 x 8'6" Mini Warehouse	CALL \$8,425

ALL SIZES AVAILABLE!
www.arcosteel.com

40 **Arco** **Years**
Arco Building Systems, Inc.

(FOB PLANT - LOCAL CODES MAY AFFECT PRICES - BUILDINGS NOT AS SHOWN ABOVE)

\$11,495 - 30x40x10 Painted Enclosed Built Price (Not Shown)*

NATIONAL BARN COMPANY
EASTERN DIVISION

STORAGE BUILDINGS
HAY BARNs
HORSE BARNs
GARAGES

*Custom building shown. Call for pricing.

Hurricane Upgrade E of I-95 • Fully Insured • #1 Metal • Custom Sizes
4/12 roof pitch • Engineered trusses • Local codes/freight may affect prices

www.nationalbarn.com
1-888-427-BARN (2276)

Lifetime METAL ROOFING
by VIRGINIA CAROLINA SALES, INC

- Unmatched Durability
- 40 Year Paint Warranty
- Financing Available *W.A.C.
- Competitively Priced
- Licensed & Insured
- Energy Efficient
- Factory Direct

FREE ESTIMATE!



www.metalroofover.com
800-893-1242
Call NOW for a FREE roof inspection!

MobileHomeRoofing.net
by VIRGINIA CAROLINA SALES, INC
Roofing - Windows - Vinyl Siding

FINANCING AVAILABLE! (w.a.c.) **SENIOR CITIZEN DISCOUNT!**



Free No Obligation Estimate!
CALL NOW! 1-800-767-1591

Steel Mobile Home Roofing

Leaks?
Roof rumble?
High energy bill?

Contact us at 800.633.8969
or roofover.com

PERMA-ROOF
from Southern Builders

Mobile Home Roofover Systems
Since 1983



Hundreds of recipes your family will love, all online.



Serving up family fun on
Carolinacountry.com

Business Opportunities

www.CharMeckUSA.com has options for starting your own business.

FREE CBD STORE! Leverage PROVEN Health/Wellness, Business And "Synergistic Marketing" Resources! Stay Healthy And Earn Direct/Passive/Residual Income! Visit www.FreeCBDStore.biz Or TEXT more info To 41242.

Vacation Rental

ATLANTIC BEACH OCEANFRONT CONDO, breathtaking view. 1/BD, 1½ /BA, \$75.00. 816-931-3366.

MYRTLE BEACH EFFICIENCY CONDO for sale or rent. \$82,900.00. Monthly rental (winter) \$850.00. Covered parking, utilities, wi-fi, ocean view. 704-385-9673 paschal@carolina.rr.com

Real Estate

CONVENIENT LOCATION TWO WOODED LOTS IN SILVERBROOK SUBDIVISION totaling approximately 1.3 acres. 828-544-5290

Gold Maps

FUN, HOW TO PAN. Carolinas, Virginia, Georgia, Alabama, California. 1-407-282-3594. WWW.GOLDMAPS.COM.

TRIANGLE DETECTORS Large selection of metal detectors and gold prospecting equipment. Durham 919-949-4007.

For Sale

PORTABLE SAWMILL & RESAW BLADES. 1" thru 2" wide and any length. Call Cooks Saw today 1-800-473-4804 or visit us online at www.cooksaw.com.

CAMPER & LOT AT SADDLE RIDGE POA, Ennice, NC \$39,000. E-mail: woodjd@lexcominc.net

A BOOK OF COLLECTED "YOU KNOW YOU'RE FROM CAROLINA COUNTRY IF..." submissions from Carolina Country magazine readers. You know you're from Carolina country if you say "Laud ham mercy!" 96 pages, illustrated, 4 by 5 ½ inches. Only \$7 per book (includes shipping and tax). Send payment to "You Know," Carolina Country, PO Box 27306, Raleigh, NC 27611. Or buy with a credit card at our secure online site at www.carolinacountry.com.

"CAROLINA COUNTRY REFLECTIONS" More than 200 photographs showing life in rural North Carolina before 1970. Each picture has a story. Hardcover, coffee table book, 160 pages. Only \$15 (includes tax and shipping). Comes with free cookbook. Send payment to "Reflections," Carolina Country, PO Box 27306, Raleigh, NC 27611. Or buy online at www.carolinacountry.com.

Miscellaneous

PLAY GOSPEL SONGS BY EAR - \$12.95. "Learn Gospel Music." Chording, runs, fills - \$12.95. Both \$24. Davidsons, 6727C Metcalf, Shawnee Mission, Kansas 66204. 913-262-4982.

FREE MATERIALS: SOON CHURCH/GOVERNMENT UNITING. Suppressing "Religious Liberty", enforcing a "National Sunday Law". Be informed! Need mailing address only. TBSM, Box 99, Lenoir City, TN 37771. thebiblesaystruth@yahoo.com 1-888-211-1715.

FARM FENCING Watterson Tree Farm installs any type field fencing, especially woven wire with wooden posts, and board fencing. Certified Redbrand installer and Kencove dealer. Website www.farmfencenc.com. Wildlife Damage Control Agent, David 240-498-8054 email treefarmnc@yahoo.com.

LET SUNSHINE, THE PRECIOUS CAT, teach your children important lessons about life in his story book "Sunshine's Excellent Adventures." Check out his website www.sunshinelakewood.com.

I BUY OLD JUKEBOXES & 78 RPM RECORDS 704-847-6472.

WANTED: AMERICAN BOURBON AND WHISKEY BOTTLES OR DECANTERS, sealed and unopened. The older, the better. CASH. Call 540-845-6107 or Email: majiddk@comcast.net

GENTLE GOAT MILK SOAPS, lotions, gift baskets, NC handcrafted. beckiesbackporch@etsy.com. 704-882-2223.

The N.C. Association of Electric Cooperatives and its member cooperatives do not endorse the services and products advertised. Readers are advised to understand fully any agreement or purchase they make. To place a classified ad: carolinacountry.com/classifieds

NURSERY STOCK & SEED

GROW HALF DOLLAR SIZE MUSCADINES & BLACKBERRIES, FREE CATALOG. 200 varieties fruit, nut trees, vines & berries. 1-800-733-0324. **ISON'S NURSERY**, 8raoks, Georgia 30205 www.isons.com



Light up your winter wonderland FOR YOUR CHANCE TO WIN!



Share a photo or video of your holiday lights extravaganza on Instagram with the hashtag **#CarolinaCountryChristmas**

This is the year. The year you add *just a few more* strings of lights to perfect your outdoor holiday display. We want to see it! Share your photo or video today—we'll randomly pick one reader to win a Carolina Country prize pack. Plus, we'll feature our favorites on our social media!

Details and full rules available at carolinacountry.com/CCchristmas.

Visit carolinacountry.com/your-energy for energy efficiency tips, including how to deck the halls with energy-efficient LEDs.



A Small Town Christmas
Dec. 7-9, Banner Elk

Journey to Bethlehem
Scenes depicting times of Christ
Dec. 1-2, Lexington
336-250-1944
paulaturlington@hotmail.com

Hanukkah Festival
Family activities, music, food
Dec. 2, Durham
919-354-4936
levinjcc.org

Holiday Parade
Running of elves
Dec. 2, Hillsborough
919-732-8156
hillsboroughholidays.com

Holiday Tree Lighting
Handbell choir, Santa
Dec. 5, Asheboro
336-633-0125
christine.fattorusso@heartofnorthcarolina.com

Welcome to December
Holiday concert
Dec. 8, Lexington
336-250-0475
lexingtonchoralsociety.org

Holiday Open House
Refreshments
Dec. 8, Robbins
910-464-6228
facebook.com/fromthegrounduppottery

Candlelight Tour
Historic section
Dec. 9, Hillsborough
919-732-8156
hillsboroughholidays.com

December Events

MOUNTAINS

Festival of Trees
Display, gift shopping
Nov. 30-Dec. 2, Brevard
828-885-7286
thechildrenscenteroftc.com

The Lion in Winter
Dramatic comedy
Through Dec. 16, Brevard
828-884-2587
thebrevardlittletheatre.org

A Rocky Mountain Christmas
Featuring music of John Denver
Dec. 1, Franklin
866-273-4615
greatmountainmusic.com

The Best Christmas Pageant Ever
Musical comedy
Dec. 6-8, Franklin
866-273-4615
greatmountainmusic.com

Holiday Sip & Shop
Handmade gifts
Dec. 7-8, Asheville
828-253-7651
grovewood.com

A Small Town Christmas
Parade, train rides
Dec. 7-9, Banner Elk
828-898-8395
bannerelek.com

A Christmas Together
Holiday songs, stories
Dec. 18, Franklin
866-273-4615
greatmountainmusic.com

Holiday Skating
Dec. 18-Jan. 1, Hendersonville
800-828-4244
visithendersonvillenc.org

PIEDMONT

Speedway Christmas
Ferris wheel, drive-in movies
Through Dec. 31, Concord
800-455-3267
charlottomotorspeedway.com

Golden Christmas
Crafts, mine tour
Dec 1, Midland
704-721-4653
nchistoricsites.org/reed

Holiday Ornament Sale
Dec. 1, Star
910-428-9001
starworksnc.org

Christmas Historic Home Tour
Decorated houses
Dec. 1, Wake Forest
919-435-9516
wakeforestnc.gov/christmashometour.aspx

Holiday Shoppe Craft Show
Dec. 1, Chapel Hill
919-929-2241
stmcsnc.org



Hanukkah Festival
Dec. 2, Durham



Speedway Christmas
Through Dec. 31, Concord

+ carolinacountry.com/calendar
See more events online with photos, descriptions, maps and directions.



Listing Deadlines:
For Feb. Dec. 25
For March Jan. 25

Submit Listings Online:
carolinacountry.com/calendar
(No email or U.S. Mail.)



Golden Christmas
Dec 1, Midland



Christmas by the Sea Parade
Dec. 1, Oak Island



Know Before You Go

In case something changes after Carolina Country goes to press, check information from the contact listed.

Open House

Partnership for Children tour
Dec. 12, Fayetteville
910-826-9700
bit.ly/fb_partnership-open-house

Salem Night

Historical Christmas by candlelight
Dec. 22, Winston-Salem
336-721-7300
oldsalem.org

Mitzvah Day

Volunteerism, community outreach
Dec. 25, Durham
919-354-4936
levinjcc.org

Kwanzaa Celebration

Music, crafts, vendors
Dec. 28, Cary
919-460-4969
bit.ly/2018kwanzaa-cary

COAST

Colonial Christmas Crafts

Homes tour, vendors
Nov. 30–Dec. 2, Enfield
252-908-0535
bit.ly/fb_enfield-christmas

Winterfest

Tours, performing arts
Dec. 1–9, Southport
910-457-7927
ncbrunswick.com

Christmas Shoppe

Artistic gifts
Through Dec. 31, Hertford
252-426-3041
perquimansarts.org

Christmas by the Sea Parade

Float decorating contest
Dec. 1, Oak Island
910-457-6964
southport-oakisland.com

Christmas Parade

Dec. 1, Shallotte
910-754-4032
townofshallotte.org

Christmas Tree Lighting Jubilee

Cookies, entertainment
Dec. 1, Havelock
252-444-6400
havelocknc.us

Holiday Tour of Homes

Decorated houses
Dec. 1, Washington
252-946-2504
artsofthepamlico.org

Hark and Rejoice

Chorale Christmas concerts
Dec. 2 & 9, Elizabeth City
252-632-0623
pat.a.winter@gmail.com

Greenville Gives

Carriage rides, tree lighting
Dec. 7, Greenville
252-561-8400
uptowngreenville.com

Light Up the Night

Fire engine parade
Dec. 7, Southport
910-457-7927
ncbrunswick.com

Costumed History Tour

Dec. 7, Southport
910-457-0003
ncbrunswick.com

Candlelight Christmas Tour & Dinner

Dec. 7–8, Murfreesboro
252-398-5922
murfreesboronc.org

Christmas Parade

Horses, boats
Dec. 8, Edenton
252-482-3400
edentonchamber.org

Christmas Parade

Dec. 8, Winterville
252-756-1487
visitgreenvillenc.com

Christmas Parade

Dec. 8, Farmville
252-753-6712
visitgreenvillenc.com

Christmas Parade

Dec. 8, Greenville
252-561-8400
greenvillejaycees.com

Christmas Parade

Dec. 8, Bethel
252-818-0891
visitgreenvillenc.com

Christmas Flotilla

Dec. 8, Southport
910-279-4616
ncbrunswick.com

Winter Craft Festival

Dec. 8, Southport
910-620-2308
ncbrunswick.com

Scroogical: Ebenezer's Musical Rhyme & Reason

Original take on Dickens' classic
Dec. 8–9, Mount Olive
919-440-6449
john.clifton@umo.edu

Open House

Holiday festivities
Dec. 9, Engelhard
252-926-2261
facebook.com/octagonhouse.nc

Backtrack

A cappella group
Dec. 14, Oriental
252-617-2125
pamlicomusic.org

Christmas Candlelight Tour

Dec. 14–15, Edenton
252-482-7800
ehcnc.org

Christmas Village

Music, petting zoo
Dec. 15, Shallotte
910-754-4032
townofshallotte.org



Candlelight Christmas Tour & Dinner
Dec. 7–8, Murfreesboro



Holiday Cheese Wreath Dip With Sausage Bow Spread

Wreath

- 2 (10-ounce) frozen chopped spinach, thawed
- 8 ounces vegetable cream cheese, softened
- 8 ounces sour cream
- ½ cup mayonnaise (Duke's preferred)
- ⅔ cup diced onion
- 1 (8-ounce) can water chestnuts, diced
- 2 tablespoons Worcestershire sauce
- 2 teaspoons Texas Pete hot sauce
- 1 teaspoon granulated garlic
- 1 teaspoon granulated onion
- ½ teaspoon salt

Sausage bow

- 8 ounces cream cheese with chives, softened
- ½ lb. hot breakfast sausage, cooked and crumbled*
- ½ cup diced green pepper
- ½ teaspoon crushed red pepper
- 1 red bell pepper, cut into bow-shaped pieces
- Cheese for garnish (optional)

Heat spinach in a large skillet over medium-high heat, stirring frequently until dry. Cool.

Using hand mixer, combine remaining wreath ingredients in a medium bowl. Blend in spinach. On a large platter, form a 10-inch ring, leaving space for bow.

For sausage bow, mix together all ingredients except red bell pepper. Form into a bow, add to wreath and garnish with red pepper pieces. Cover and chill about 3–4 hours before serving.

Garnish with cheese cut-outs and serve with crackers.

**We used NC's Bass Farm Hot Sausage.*

Yield: About 24 servings



Sesame Cornish Hens With Honey and Rosemary

- 2 Cornish hens
- 1 tablespoon salt
- 1 tablespoon black pepper
- 2 teaspoons garlic powder
- 2 teaspoons onion powder
- 2 sprigs of rosemary per hen
- 8 tablespoons honey
- 4 tablespoons butter, melted
- 2 tablespoons soy sauce
- 1 tablespoon chopped fresh rosemary (or 1 teaspoon dried)
- 3 tablespoons toasted sesame seeds

Preheat all grill burners to high.*

Combine salt, pepper, garlic and onion powders. Pat hens dry with paper towels and rub with salt mixture. Stuff rosemary sprigs inside hen cavities.

Combine honey, butter, soy sauce and chopped rosemary. Divide sauce, half for basting and half for drizzling when serving.

Oil grill grates and cook each hen over high heat 4–5 minutes on each side to get nice grate marks and browning. Reduce heat to medium-low, baste and continue cooking, turning and basting every 10–15 minutes until internal temperature of 165 degrees is reached.

Scatter with sesame seeds.

**Oven option: Instead of grilling, bake at 450 degrees for 20 minutes; lower temperature to 350 degrees and bake until internal temperature of 165 degrees is reached.*

Yield: 2 servings



carolinacountry.com/recipes

Want to make these hens extra juicy? Try our brining technique in "Cornish Hen Brine," found online.

From Your Kitchen



Chocolate Peanut Delight

- 2 cups graham cracker crumbs
- ⅔ cup melted butter
- 5 tablespoons sugar
- 8 ounces cream cheese
- ⅔ cup creamy peanut butter
- 2 cups confectioners' sugar
- 1 cup heavy whipping cream
- 1 (3.4 ounce) instant vanilla pudding mix
- 1 (3.4 ounce) instant chocolate pudding mix
- 3 cups milk
- 8 ounces Cool Whip
- 2 cups chopped peanut butter cups

For first layer/crust, combine graham cracker crumbs, butter and sugar and press into 9-by-13-inch pan.

For second layer, combine cream cheese, peanut butter, confectioner's sugar and heavy whipping cream. Spread over crust.

For third layer, combine pudding mixes and milk. Spread over second layer.

Top with Cool Whip and garnish with chopped peanut butter cups. Refrigerate 2–3 hours before serving.

Recipe courtesy of Brenda Hartley of Lenoir, a member of Blue Ridge Energy

Send Us Your Recipes

Contributors whose recipes are published will receive \$25. We retain reprint rights for all submissions. Recipes submitted are not necessarily entirely original. Include your name, address, phone number (for questions), and the name of your electric cooperative. Mail to: Carolina Country Kitchen, P.O. Box 27306, Raleigh, NC, 27611. Or submit your recipe online at: carolinacountry.com/myrecipe.

—Jenny Lloyd, recipes editor

Unless otherwise noted, recipes on this page are from Wendy Perry, a culinary adventurer and blogger, who chats about goodness around NC on her blog at WendysHomeEconomics.com.

Jewelry That Dances With Every Step

PENDANT: \$99 EARRINGS: \$99 SET PRICE: \$169 (SAVE AN EXTRA \$29) - EXCLUDING SHIPPING.

"Dancing" Pendant & Earrings Collection

AN UNBELIEVABLE

70% OFF

WAS \$329.00

**NOW ONLY
\$99**

(YOU SAVE \$230)

+S&P

PER PIECE

OR \$169 FOR SET

(AND SAVE AN EXTRA \$29)

Beautiful, Stunning, Elegant...
She's all those things
and more; give her the only
jewelry that can come close...

The setting is a pioneering new
concept. Featuring a revolutionary,
patented design allowing the
feature stone to vibrate, creating a
consistent shimmering of fire and
brilliance. The created diamonds
are handset at precise angles which
enable continuous movement of the
centre created diamond with every
movement she makes. Capture her
movements, Capture her heart....

An elegant fluid gold open pear
shape pendant is set with a 5mm
shimmering created diamond at its
centre, cradled by smaller created
diamonds for added subtle sparkle.
Matching earrings are available,
set with 3mm shimmering created
diamonds.

Timepieces International Inc, 10701 NW 140th Street, Suite 1, Hialeah Gardens, FL 33018 -1 800 733 8463

DS
DANIEL STEIGER

**18K Yellow
Gold
Finished
Sterling Silver**



**Also available in
Platinum Finished
Sterling Silver**



The Perfect Gift This **Holiday Season**

ORDER NOW TOLL FREE 24/7 ON 1-800 733 8463
AND QUOTE PROMO CODE: CC8DDS

ORDER ONLINE AT
timepiecesusa.com/cc8dds
ENTER PROMO CODE CC8DDS

Save a Bundle on TV and Internet!

dish

2-YEAR TV PRICE LOCK!

\$59⁹⁹
month for TV

**+ Blazing-Fast
Internet**

Add Internet!

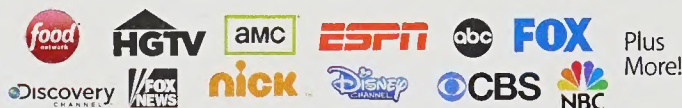
~~**\$59⁹⁹**~~
month for Internet

\$39⁹⁹
month for Internet

- Speeds from 25Mbps-1 Gbps
- No Matter Where You Live
- Now with Unlimited Data!

It's All Included!

- ✓ Includes Hopper Smart HD DVR
- ✓ Includes HD Programming
- ✓ Includes One TV, Add More for \$5
- ✓ Includes Voice Remote Requires internet connected Hopper.
- ✓ Includes 190 Channels with Locals



30+ FREE Premium Channels



After 3 mos. you will be billed \$30/mo unless you call to cancel.

NETFLIX

- Fully Integrated -
Just Change The Channel
And Watch!
Netflix subscription required.

Save up to \$20/mo. for 2 full years!*

*\$ off discount offers vary by service address. Go to godish.com/internet to verify your discount. TV service not required for Internet.

**\$100 Get DISH.
Get \$100.**

Visa® Prepaid Card

1234 5678 9012 3456

4000

Gift Card

EXPIRES 01/25

Valid only in U.S.

Courtesy of GoDISH.com.

Must mention offer code **Card100**.



1-866-290-7151

Mon-Fri: 7am-10pm • Sat: 7am-9pm • Sun: 10am-7pm Central Time

godish.com/pricelock 🔍

**iSe Habla
Español!**

dish
AUTHORIZED RETAILER

*Prices include Hopper Duo for qualifying customers. Hopper, Hopper w/Sling or Hopper 3 \$5/mo. more. Upfront fees may apply based on credit qualification. Fees apply for additional TVs: Hopper \$15/mo., Joey \$5/mo., Super Joey \$10/mo. All offers require credit qualification, 2-Year commitment with early termination fee and eAutoPay. Offer for new and qualifying former customers only. Important Terms and Conditions: Qualification: Advertised price requires credit qualification and eAutoPay. Upfront activation and/or receiver upgrade fees may apply based on credit qualification. Offer ends 1/14/19. 2-Year Commitment: Early termination fee of \$20/mo. remaining applies if you cancel early. Included in 2-year price guarantee at \$59.99 advertised price: America's Top 120 programming package, local channels, HD service fees, and Hopper Duo for 1 TV. Included in 2-year price guarantee for additional cost: Programming package upgrades (\$69.99 for AT120+, \$79.99 for AT200, \$89.99 for AT250), monthly fees for upgraded or additional receivers (\$5-\$7 per additional TV, receivers with additional functionality may be \$10-\$15). NOT included in 2-year price guarantee or advertised price (and subject to change): Taxes & surcharges, add-on programming (including premium channels), DISH Protect, and transactional fees. Premium Channels: 3 Mos. Free: After 3 mos., you will be billed \$30/mo. for Showtime, Starz and DISH Movie Pack unless you call to cancel. Gift and Pre-paid Cards: Courtesy of GoDISH.com for credit-qualified customers. Customers who do not qualify may be eligible for a secondary gift offer. Cards are issued by Citibank, N.A. pursuant to a license from Visa® U.S.A. Inc. and managed by Citi Prepaid Services. Cards will not have cash access and can be used everywhere Visa® debit cards are accepted. Cards expire 6 months from date issued. Mail-in redemption form is required within 60 days of qualified activation to receive gift. Customer account must be current and in good standing at the time of redemption. Allow 6-8 weeks for delivery of gift. Other: Netflix streaming membership required. All packages, programming, features, and functionality and all prices and fees not included in price lock are subject to change without notice. After 6 mos., if selected you will be billed \$8.99/mo. for DISH Protect Silver unless you call to cancel. After 2 years, then-current everyday prices for all services apply. For business customers, additional monthly fees may apply. Free standard professional installation only. SHOWTIME is a registered trademark of Showtime Networks Inc., a CBS Company. STARZ and related channels and service marks are property of Starz Entertainment, LLC. © 2018 GoDISH.com. All rights reserved. Internet speeds, prices, and providers vary by customer address. \$39.99 price refers to 25Mbps plan. Restrictions apply. 25 Mbps internet service available nationwide, but may become temporarily unavailable to certain addresses based on local beam capacity. Availability is subject to change without notice. Internet not provided by DISH and will be billed separately. Call for details.